

PEDAL TO A BIKE TO WORK DAY ENERGIZER STATION

for free goodies and high-fives.

Ride with your Supervisor and neighbors in a Commuter Convoy.

BIKE TO WORK DAY
THURSDAY, MAY 14







MORNING STATIONS (7:30-9:30AM, unless otherwise stated)

-  **Bayview:** Mendell Plaza, 3rd St. at Oakdale Ave. (7-7:45AM)
- Bernal:** Cesar Chavez St. at Harrison St.
English/Spanish
-  **Caltrain Station:** 4th St. at Townsend St. (7-9:30AM)
-  **Civic Center:** City Hall, Polk St. steps
-  **Downtown:** Market St. at Battery St. (7:30AM-2PM)
- Embarcadero:** Ferry Building (6:30-9:30AM)
- Inner Richmond:** Cabrillo St. at Arguello Blvd.
English/Mandarin/Cantonese
-  **Inner Sunset:** Irving St. at 6th Ave.
-  **Mid-Market:** Market St. at 12th St.
-  **Mission:** Valencia St. at 17th St. (7-11AM)
- Mission Bay:** 16th St. at 7th St.
-  **Panhandle:** Fell St. at Masonic Ave.
-  **Presidio:** Main Post, Halleck St. at Lincoln Blvd. (6:30-9:30AM)
-  **SF2G (Peninsula Commute):** 24th St. Mission BART Station (6-6:30AM)
- SoMa:** Folsom St. at 7th St.
- Western Addition:** Kaiser Hospital, Geary Blvd. at St. Joseph's Ave.

COMMUTER CONVOYS (7:45AM, unless otherwise stated)

- Join your district's Commuter Convoy to head downtown with fellow riders on Bike to Work Day! You can also depart for the Peninsula (as far as Mountain View) with a convoy — no rider left behind! sfbike.org/commuterconvoy
- Bayview:** Mendell Plaza, 3rd St. at Oakdale Ave.
 - Castro:** Jane Warner Plaza at 17th St.
 - Chinatown:** Sacramento St. & Stocktown St.
 - Excelsior:** Persia Triangle, Mission & Geneva Sts.
 - Haight:** Flywheel, 672 Stanyan St. at Haight St.
 - Ingleside:** Fog Lifter, 1901 Ocean Ave. at Ashton St.
 - Marina:** Rapha Cycle Club, 2198 Filbert St.
 - Mission:** Cafe Seventy8, 78 29th St. at Tiffany Ave.
 - Richmond:** Cumacia, 200 Clement St. at 3rd Ave.
 - SoMa:** Brainwash Cafe, 1122 Folsom St. at 7th St.
 - Sunset:** Elevation, 2648 Judah St. at 32nd Ave.

EVENING STATIONS (5-7PM)

-  **Caltrain Station:** 4th St. at Townsend St.
- Central Market:** Market St. and 4th St. co-hosted with Levi's
- Duboce Bikeway:** Duboce St. at Market St.
- Embarcadero:** Pier 14
- Mission East:** Harrison St. at 17th St.
English/Spanish
-  **Mission West:** Valencia St. at 19th St.
-  **Panhandle:** Fell St. at Masonic St.
- Polk Street:** Polk St. at Bush St.
-  **SoMa:** Howard St. at 8th St.

= BIKE DOCTORS

Local bike shop mechanics get you rolling on Bike to Work Day with free basic bike maintenance like lubing chains, adjusting seats and fixing flat tires. For locations, check the map or go to sfbike.org/btwd.

Thank you to the following local bike shops for being Bike Doctors on Bike to Work Day!

Bayview Cyclery, Caltrain Bike Station, Golden Gate Pedicabs, Huckleberry Bicycles, Mike's Bikes, Mission Bicycle, Roaring Mouse, Sports Basement, Swell Bicycles and Valencia Cyclery.

JOIN US AT CITY HALL!

Bike to Work Day press conference with the Mayor and City leaders from 8:00-9:30AM. Free bike valet.