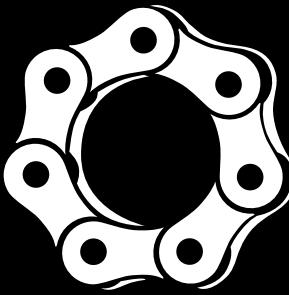


TUBE TIMES



SAN FRANCISCO BICYCLE COALITION

FREE

SF BIKES!

FOR THE ENVIRONMENT

TO WORK

for fun

What's your reason?

**BIKE TO
WORK DAY**
MAY 12, 2016

FOR the
FREEDOM
of itAROUND
OUR GORGEOUS
CITYFOR HEALTHY
NEIGHBORHOODS

With friends

TO THE
BALLPARK

TO WORSHIP

PROFILES IN
SUPERSTARDOM / 05

SF GROUPS TO ROLL WITH / 07

FREE FAMILY BIKE RAFFLE / 08

WHERE TO CELEBRATE
BIKE TO WORK DAY / 09ROUTES FOR BIKING
AROUND SF / 11ROUTES FOR BIKING
AROUND THE BAY / 12

SF Bikes Towards a More Liveable City!

Bike to Work Day is my favorite day to ride a bike in San Francisco. It's San Francisco's biggest biking day of the year, and the mood is downright celebratory. I've been handed flowers on Market Street and gotten hi-fives while stopped at a red light. In addition to the festive spirit, every year I see more and more people trying bike-commuting for the first time, and learning for themselves what a convenient and enjoyable way it is to get around town. But riding a bike in San Francisco hasn't always been as great as it is today, and we still have a long way to go make biking in our city inviting and comfortable to people of all ages and backgrounds.



I remember when I moved here to attend San Francisco State University in 2002, I rarely rode a bike. My most frequent bike ride was a very early-morning commute to open up the cafe I worked at in the Richmond. It wasn't until I moved to Munich that I really started biking for everyday transportation. It's just how people get around, my German friends informed me. And it quickly became how I got around, biking on every grocery trip and to every art exhibit I attended. We all did, and that's the direction that San Francisco was moving towards while I was away.

This year will be my fourth on the staff of the SF Bicycle Coalition, and it remains an absolute honor to work here and partner with our 10,000-plus members to do what none of us could hope to accomplish as individuals. Since I've been on staff, I've watched our members drive successful campaigns for miles of new bike lanes, heard City officials embrace the Vision Zero pledge to eliminate traffic deaths and severe injuries, and seen my colleagues deliver safety education in every corner of our beautiful and diverse city.

I'm immensely excited for the year ahead because I know that what's happening in our city is going to entice so many more people to try biking. As someone who lived here for years without biking consistently, I know that high-quality, protected bike lanes make a huge difference in helping people feel and be safe on our city's streets.

In 2016 alone, we're looking forward to ground-breaking on three complete street redesigns that will include raised bike lanes, traffic-calming measures and more safety improvements for people walking and biking. (For the record, those three streets are Polk, Second and Masonic, each providing crucial north-south bike routes for people who live, work and play nearby.) We're also working on ensuring that the bike share expansion -- due to bring over 4,000 more publicly available

bikes to San Francisco -- is rolled out in a manner that serves San Franciscans of every background, in every neighborhood.

The SF Bicycle Coalition is a living, breathing testament to the feats that individuals can achieve when we join hands and focus on our common goals. You, our members, make this possible. Whether we're calling on City leaders to support active transportation, teaching kids how to bike at Sunday Streets or distributing bike lights to those riding without, our member-volunteers provide the resources and people power to make San Francisco a better place to bike and live.

If you've been around our city for a while, then you know how effectively the members of the SF Bicycle Coalition have organized to improve biking here. If you're not a member yet, join us today at sfbike.org/join. You can also become a member on Thursday, May 12, at one of our 20-plus Energizer Stations around SF in celebration of Bike to Work Day. Stop by, and a friendly member-volunteer will gladly sign you up. (See the map of Bike to Work Day Energizer Stations on page 9.)

When City leaders consider how, or even whether, our streets could be redesigned to better serve San Franciscans, we'll be there to speak up on behalf of people biking. Stand with us, and join today.

See you in the bike lanes,

Margaret McCarthy
Interim Executive Director
San Francisco Bicycle Coalition

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The *Tube Times* is a quarterly publication of the San Francisco Bicycle Coalition, a member-based nonprofit advocacy organization working to transform San Francisco's streets and neighborhoods into more livable and safe places by promoting the bicycle for everyday transportation.

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Get to know the rest of our Board of Directors at sfbike.org/board.

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twitter.com/sfbike

instagram.com/sfbike

flickr.com/sfbike

I bike in San Francisco because it's an exhilarating, healthy and immersive way to experience our beautiful city. Biking takes half as long and is twice as fun as any other way of getting around.

—Manoj Viswanathan



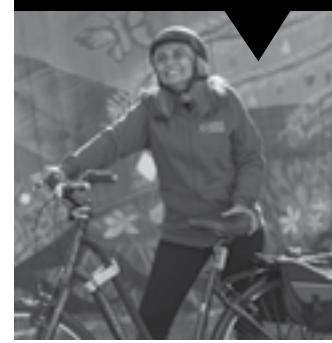
When I bike it reminds me to be present in the moment. That's what life is about, after all: living in the moment. What better way to be in the moment than being on your bike?

—Lilly Fitzpatrick



Feel better, look better, live better, save money, save the environment, save time—the list goes on and on.

—Amita Amin



Bicycling is an act of joy and principle. It is exhilarating and free: each commute, a little adventure. Traveling on my own steam teaches me to measure distance in terms of my own volition.

—Tommy Alexander



WHY SF BIKES



We bike because it makes for good times, easy parking and more naps. The trips we take by bike don't end up being much longer than in the car -- they are just more fun, a better workout and quieter.

—Jason Serafino-Agar and family



For the joy of it. For my health. For my wallet. For the quality of the air we breathe. For the planet's atmosphere. And, I get many places quicker than I would otherwise!

—Bruce Osterweil



It's fun, fast and more convenient! Biking is a great way for me to start my day whether I'm going to work or school, I feel happier by the time I get there.

—Kiran Parmar



I love riding my bike for too many reasons to count, but I choose to ride my bike to show others, especially the women in my life, that there's power and also peace that comes with biking that isn't attainable through other types of transportation.

—Huitzi Herrera-Sobal



Quick Releases



Looking Back at One Year of Women Bike SF

What a year! We reached almost 700 people in our first year of Women Bike SF, and 2016 is looking even bigger and better. We have a new page on our website you should check out: sfbike.org/women. With guest bloggers, more partner groups than ever before and really amazing events coming up, you'll want to check it regularly. Don't miss our soon to be announced leadership training in April and ongoing Coffee Clubs, workshops, and more!

SF Bikes to the Ball Game

Sa-wing, batter! Baseball is back, with the San Francisco Giants hosting the rival Los Angeles Dodgers for the season's home opener on Thursday, Apr. 7. Your SF Bicycle Coalition is proud to announce that in 2016, we will once again provide free Valet Bicycle Parking to those biking to the ballpark. So come catch a game, or just swing by to chat with our Valet staff, who will be having a ball.

Attendees at a recent Women Bike SF Coffee Club share enthusiasm and inspiration for biking our beautiful city.

Get Your Hands Greasy or Nah?

Some folks don't want to get dirty. We've got you covered with a list of full-service bike shops that provide discounts to SF Bicycle Coalition members: sfbike.org/discounts.

Others may want to learn how to do the work themselves. Community bike shops can help:

Bike Kitchen: Teaching people of all ages and backgrounds how to repair bicycles and promoting personal development.
bikekitchen.org

SF Yellow Bike: A grassroots, do-it-yourself, community-building machine that brings dead bikes back to life and puts more city-dwellers on two wheels. sfyellowbike.org

Resources for Riders

Want to be proactive in making your great ride even greater? Report potholes, unsafe street conditions and other improvements you want to see on your commute using SF 311. To learn more about this and many other great resources for people who bike, visit sfbike.org/resources.

Driver Training Recap in 2015

In 2015, your SF Bicycle Coalition was hard at work training nearly 700 professional drivers how to share the road safely and respectfully with people on bikes. AutoReturn tow truck drivers and new San Francisco taxi drivers all participated in our one-hour class, which covers topics such as safe driving practices when passing a person on a bike, how to correctly use San Francisco's excellent biking infrastructure, and how to make safe right turns. In addition to our in-person trainings, we worked with the City last fall to implement the Large Vehicle Driver Training program. Along with Walk SF, we signed up 15 companies with over 1,000 drivers to view a free, 17-minute training video about safe driving best practices.

View the video and keep up with our professional driver training work at sfbike.org/driver.

San Francisco BIKE & ROLL TO SCHOOL WEEK



APRIL 18-22

SIGN UP YOUR SCHOOL TODAY
sfsaferoutes.org



San José Avenue is soon to see concrete safety barriers added to increase the comfort and safety of biking.

More Bike Lanes, Momentum

From Hayes Valley to Lakeshore, bike lanes are being striped throughout the city. In February, we welcomed over two miles of new bike lanes, including a buffered bike lane on Ocean Avenue (sfbike.org/ocean) between 19th Avenue and Sunset Boulevard, and a center-running bike lane on Page Street (sfbike.org/page) approaching Octavia Boulevard. Both of these new lanes make for smoother bike rides through residential neighborhoods and build momentum for more bike improvements in the future. Happy riding!

Let's Get Physical

If you build it, they will come. The buffered bike lanes on San José Avenue have proven just that, with 62 percent more people biking there. Building upon that success, the City now plans to add concrete safety barriers to this stretch, physically protecting the bike lanes through the Bernal Cut. This project wouldn't have been possible without decades of support from our members to transform San José Avenue into the bikeable street it is today. sfbike.org/sanjose

BAY AREA BIKE TO WORK DAY

MAY 12, 2016

VOLUNTEER PROFILE BIKE TO WORK DAY SUPERSTAR KATIE FICK

By Mara Mabugat



Your SF Bicycle Coalition often finds new members and volunteers through outreach at our events. That's how we found Katie Fick, an awesome volunteer who has been an Energizer Station Captain for Bike to Work Day since 2013. We first met Katie on her way home from work at one of our "Light Up the Night" events.

"I wanted to learn more and get involved as much as I could," she said. "I love seeing the changes throughout the city and knowing that I helped make some of them happen."

Seeing how dedicated she was to promoting the bicycle for everyday transportation, we invited Katie to celebrate Bike to Work Day as a Captain in 2013. Some of her favorite memories volunteering are from her first year as Captain in her neighborhood, the Panhandle. "I aptly chose 'hippie' for our theme, given the neighborhood's history, and it was awesome seeing my fellow volunteers dress up and suggest songs for the playlist.

"Seeing so many people biking to work blows my mind, and every year there are more participants. It almost makes me wish I had a commute!" Katie said, noting that she has worked from home most recently.

"I like seeing people decorate their bikes, play music or just simply wish each other a 'Happy Bike to Work Day,'" she added. "This is the biggest event for people biking all year, and our best opportunity to reach new members and get our message across. It always goes by way too fast!"

In addition to Bike to Work Day, Katie's experience completing Bicycle Ambassador training also upped her excitement for volunteering with the SF Bicycle Coalition. She recalls her training led by now-Interim Executive Director Margaret McCarthy fondly. "Just go to any Ambassador training and listen to Margaret talk for 10 minutes," Katie said. "She'll get you so fired up you won't be able to say no! Seriously, we've made a ton of progress making our streets better for people biking, but there are still a lot of people scared to bike."

Along with the help of our member-volunteers like Katie, your SF Bicycle Coalition is working hard to advocate for improvements to our city's streets that will make as many people as possible comfortable and confident biking them.

Want to volunteer like Katie to make San Francisco a more bikeable and liveable city? There are no shortage of volunteer opportunities at sfbike.org/volunteer. Join us today!

Together, local bicycle advocacy organizations from the nine Bay Area counties have teamed up to host the best bike day of the year, and we want you there! Whether you're new to bike-commuting or a seasoned pro, here are eight ways to celebrate this year's Bike to Work Day, taking place on Thursday, May 12:

Before

Volunteer

Join hundreds of San Francisco Bicycle Coalition member-volunteers in celebrating Bike to Work Day by handing out treats to people biking across the city. Sign up at sfbike.org/volunteer.

Nominate your company

Does your workplace go above and beyond to encourage its employees to bike to work? Nominate your business for our bike-friendly business awards at sfbike.org/friendly.

Request an employer toolkit

Be a bicycle champion at your workplace by requesting a free Bike to Work Day Employer Toolkit for your office. Toolkits include a number of materials to help your colleagues pedal confidently on May 12. sfbike.org/btwd_toolkit

Take the team bike challenge

Recruit a team of coworkers or friends to bike to work! Every time your team pedals in May, you earn points and the chance to win cool prizes. Register online at teambikechallenge.com.

Day of

Pedal by an Energizer Station

Volunteers at 25 locations around the city will give away free snacks and beverages, as well as convenient reusable tote bags filled with goodies. See the map on page 9.

Ride with a Commuter Convoy

Get your morning bike commute started by joining your Supervisor and neighbors on a leisurely bike ride downtown. See where your neighborhood's ride starts on page 9.

Spread the word

Post your Bike to Work Day photos and stories on social media using #btwd.

Join us as a member

The best way to stay energized and engaged in biking all year is by being a member of the SF Bicycle Coalition. Sign up at sfbike.org/join.

Thanks to our generous sponsors:



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Vie Bikes

craigslist

San Francisco has a wide-variety of wonderful biking groups! Here's a partial list:

SF Women Bike!

Bike Like a Girl

meetup.com/Bike-like-a-girl
(roughly monthly)

A meetup group for anyone that identifies as a woman and is into road biking. Ride levels range from beginner to advanced.

Gals with Gears

sfbike.org/gals (once or twice monthly)

A member-led group of the SF Bicycle Coalition celebrating women over 50, offering four levels of rides.

Women Bike SF

sfbike.org/women (monthly)

An SF Bicycle Coalition program that supports and encourages women/trans*/femme riders in San Francisco.

Velo Girls

velogirls.com (weekly rides)

A Bay Area women's cycling club offering rides, clinics and events throughout the year. Members include recreational and competitive cyclists.

SF Bikes for a Better World

AIDS/LifeCycle

aidslifecycle.org (several training rides every weekend leading up to the event in June)

A fully supported, seven-day bike ride from San Francisco to Los Angeles to raise money and awareness for the fight against HIV/AIDS

Climate Ride California
climateride.org/events/california-coast
(the fundraising ride is in May)

A five-day bike ride from the Redwoods of Humboldt to San Francisco raising money to support active transportation and sustainability.

Tour de Cure

tour.diabetes.org
(variety of rides year-round)

Dozens of beautiful and fully supported rides across the U.S. to raise money to support the American Diabetes Association.

SF Bikes in Squads

Different Spokes SF

dssf.org (weekly rides)

The San Francisco Bay Area's recreational bicycling club for the Lesbian, Gay, Bisexual and Transgender community, founded in 1982.

SF Cycling Club

sfcyclingclub.org (several early morning rides a week)

This cycling club is open to all and offers both recreational rides and competitive races in the San Francisco Bay Area.

SF Bikes to Skip the Traffic

SF2G sf2g.com (weekday mornings and evenings)

An easygoing, bicycle-commuting club riding from San Francisco to points down the peninsula, often as far as Google, Apple and Facebook. Commutes are typically 20-to-50 miles.

SF Bicycle Coalition Member-Led Rides
sfbike.org/rides (ride dates vary)

SF Bicycle Coalition members can join a huge variety of member-led rides, from recreational rides outside of the city, to destinations around our beautiful city.

Startup Bike

meetup.com/Startup-Bike-SF
(monthly ride)

Monthly meetup for people who like both startup companies and bicycles. A fun, easy bike ride followed by free dinner at a startup.

SF Bikes with Bicycle Shops

Various Bicycle Shops

sfbike.org/discounts

(ride dates vary)

SF bike shops are a great resource for rides and workshops where you can get tips in addition to the supplies that will make your ride more enjoyable.

SF Bikes Socially

Bike Party

sfbikeparty.org (1st Fridays)

A monthly, roving bicycle party for riders of different ages, backgrounds and levels involving music and costumes.

Butterlap

butterlap.com (every Wednesday)

This ride is a San Francisco bicycling staple. Welcoming regulars at a mellow pace with a few climbs, punctuated by beer and snacks.

SF Bicycle Coalition Member-Led Rides
sfbike.org/rides (ride dates vary)

SF Bicycle Coalition members can join a huge variety of member-led rides, from recreational rides outside of the city, to destinations around our beautiful city.

Startup Bike

meetup.com/Startup-Bike-SF
(monthly ride)

Monthly meetup for people who like both startup companies and bicycles. A fun, easy bike ride followed by free dinner at a startup.

SF Bikes to Get Away

NorCal Bicycle Touring
meetup.com/norcal-biketouring

(once or twice monthly)

A meetup that offers everything from day rides to weekend overnighters and multi-week tours, as well as a great place to exchange bicycle touring tips, knowledge and tales from the road.

San Francisco Randonneurs

sfrandonneurs.org

(twice monthly)

A group of people biking long-distance throughout the Bay Area. Trips range from 50 to 1,000 miles.

SF Bikes Off Road

SF Urban Riders

sfurbanriders.org (monthly)

An organization dedicated to creating more offroad cycling opportunities and building a network of accessible trails in San Francisco.



San Francisco

BIKE & ROLL TO SCHOOL WEEK

APRIL 18-22



Get your family rolling for Bike & Roll to School week!

More than 6,000 students, parents and school staff at over 90 schools will celebrate this year. You can, too—sign up your child's school at: sfsaferoutes.org/events.

Bike to School Practice Rides in the Excelsior Tuesdays, April 5 & 12 8-9am Excelsior Playground, 579 Madrid St.

On Road With Your Family: Bike Parade to Sunday Streets Mission April 10, 11:30am-12:15pm Garfield Square, 26th and Harrison Streets.

Bike & Roll Kickoff at G.W. Carver Elementary April 16, 11am-1pm 1360 Oakdale Avenue



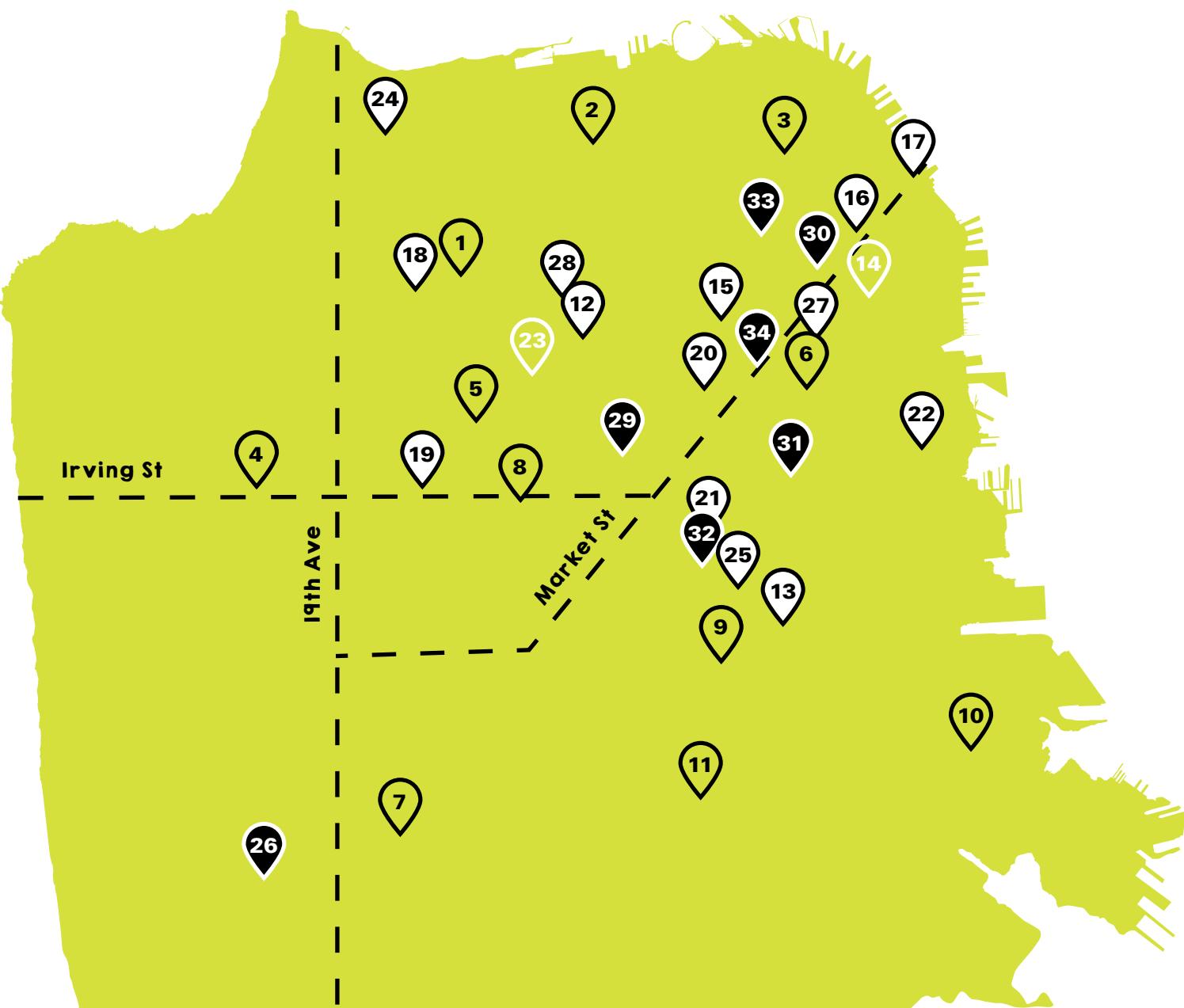
Thanks to Vie Bikes and Yuba Bicycles for donating!

Get all the details on these and other family events at: sfbike.org/family

Bike to Work Day

Thursday, May 12

Energizer Stations



AM & PM ENERGIZER STATIONS



COMMUTER CONVOYS

(7:45am, unless otherwise stated)

Join your district's Commuter Convoy to head downtown with fellow riders on Bike to Work Day! You can also depart for the Peninsula (as far as Mountain View) with a convoy — no rider left behind! Locations are subject to change. Check for updates and RSVP at sfbike.org/convoy.

1. Richmond

Cumaica, 200 Clement St.
at 3rd Ave.

2. Marina

Rapha Cycle Club, 2198 Filbert St.
at Fillmore St.

3. North Beach

Washington Square Park,
Union St. at Columbus Ave.

4. Sunset

Nomad Cyclery, 2555 Irving St.
at 27th Ave.

5. Haight

Flywheel, 672 Stanyan St.
at Haight St.

6. SoMa

Brainwash Cafe, 1122 Folsom St.
at 7th St.

7. Ingleside

Fog Lifter, 1901 Ocean Ave.
at Ashton St.

8. Castro

Jane Warner Plaza,
17th St. at Castro St.

9. Mission

Cafe Seventy8, 78 29th St.
at Tiffany Ave.

10. Bayview

Mendell Plaza,
3rd St. at Oakdale Ave.

11. Excelsior

Persia Triangle, Mission St.
at Geneva St.

MORNING ENERGIZER STATIONS



EVENING ENERGIZER STATIONS

(5-7pm, unless otherwise stated)

12. Alamo Square

Fulton St. at Scott St.

13. Bernal

Cesar Chavez St. at Harrison St.
English / Español

14. Caltrain Station

4th St. at Townsend St.
(7-9:30am)

15. Civic Center

City Hall, Polk St. steps

16. Downtown

Market St. at Battery St.
(7:30am-2pm)

17. Embarcadero

Ferry Building (6:30-9:30am)

18. Inner Richmond

Cabrillo St. at Arguello Blvd.
English / 普通话/廣東話

19. Inner Sunset

Irving St. at 6th Ave.

20. Mid-Market

Market St. at 12th St. (7-11am)

21. Mission

Valencia St. at 17th St. (7-11am)

22. Mission Bay

16th St. at Owens St.

23. Panhandle

Fell St. at Masonic Ave.

24. Presidio

Main Post, Halleck St. at Lincoln Blvd. (6:30-9:30am)

25. SF2G (Peninsula Commute)

24th St. Mission BART Station
(6-6:30am)

26. SF State

19th Ave. at Holloway St.
(10am-12pm)

27. SoMa

Folsom St. at 7th St. (7-11am)

28. Western Addition

Kaiser Hospital, Geary Blvd.
at St. Joseph's Ave.

BIKE DOCTORS

Local bike shop mechanics get you rolling on Bike to Work Day with free basic bike maintenance like lubing chains, adjusting seats and fixing flat tires. For locations, go to sfbike.org/btwd.

Thank you to the following local bike shops for being Bike Doctors on Bike to Work Day!

Bayview Cyclery, Box Dog Bikes, Caltrain Bike Station, Citizen Chain Cyclery, Golden Gate Pedicabs, Huckleberry Bicycles, Market Street Cycles, Mike's Bikes, Mission Bicycle Company, Sports Basement, Swell Bicycles and Valencia Cyclery.

Visit sfbike.org/btwd for a complete list of 2016 Bike Doctors!

RALLY AT CITY HALL!

Bike to Work Day rally with the Mayor and City leaders from 8-9:30am. Free Bicycle Valet Parking.



CARE. SHARE. BE AWARE.



DOLAN LAW FIRM

1438 Market, San Francisco, CA 94102

Bike-Law.com | 415.421.2800

SF Bike Coalition Members Get A Free Consultation

SF BIKES ALL OVER SF

By Erin Durkee



1. Twin Peaks from Golden Gate Park

10 miles, Elevation gain: 876 feet
sfbike.org/routes/twinpeaks

This ride is a classic! Watching the sunrise over SF from atop Twin Peaks is incredible, but the sunset is just as nice. You can include this loop in any of your rides and add extra climbing. (Fitness!) This is a great ride to show off our beautiful city to visiting friends.

2. Ocean Beach to the De Young

6 miles, Elevation gain: 326 feet
sfbike.org/routes/goldengatepark

Looking for something mellow? Enjoy car-free Sundays in Golden Gate Park, along part of your route from Beach Chalet and Ocean Beach to the de Young museum. Bring a lock! You'll want to park and check out the art.

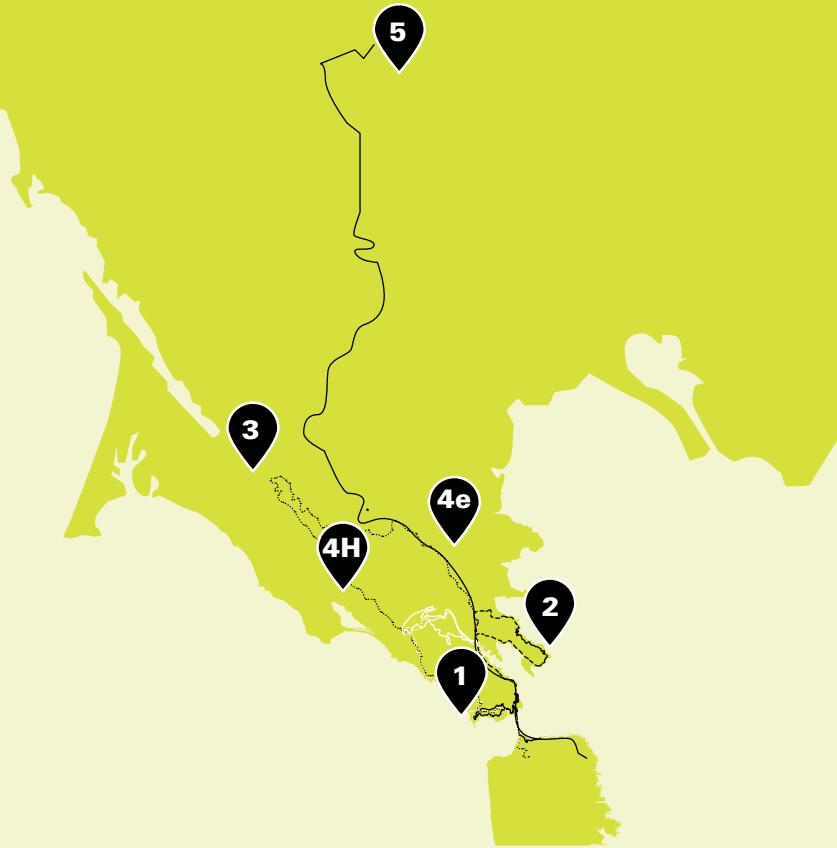
3. Golden Gate Park and Lake Merced

23 miles, Elevation gain: 1,084 feet
sfbike.org/routes/lakemerced

A flat route (for SF), this is a great morning ride. Ride along Ocean Beach in the bike lanes or on the off-street bicycle and pedestrian path. Stop by Trouble Coffee in the Outer Sunset for a mid-ride espresso or Devil's Teeth Bakery for a special breakfast sandwich.

SF BIKES AROUND THE BAY

By Francisco Grajales and Mara Mabugat



1. Hawk Hill

16 miles, Elevation gain: 2,146 feet
sfbike.org/routes/hawkhill

Known as one of the most scenic rides in the Bay Area, the vista points from this ride are breathtaking and well worth the climb. Ride over the Golden Gate Bridge and up into the Marin Headlands where you'll enjoy unbeatable views.

2. Paradise Loop

37 miles, Elevation gain: 2,182 feet
sfbike.org/routes/paradiseloop

Whether you're looking to make a quick getaway from the city or going more fast-paced, Paradise Loop takes you on an easy-going trip through Sausalito, cruising around Mill Valley, to the edge of Tiburon and back along the coast. There are plenty of stops along the way for some coffee or a light snack.

3. Bolinas Ridge Loop

77 miles, Elevation gain: 8,029 feet
sfbike.org/routes/bolinas

Did the Mt. Tamalpais climb leave you hungry for more? Continue on to the Bolinas Ridge! From dense redwood forest to open chaparral with gorgeous views of the Tomales Bay, the Bolinas Ridge trail will take you through some of the most beautiful scenery California has to offer. While not very technical, the Bolinas Ridge trail is extremely bumpy; a mountain bike is recommended.

4. Mt. Tamalpais

If you've only climbed Mt. Tam via the usual road routes, try some new routes that offer the most serene unpaved climbing in the Bay Area.

Easier loop: 46 miles, Elevation gain: 4,598 feet
[sfbike.org/routes/mttameeasy](http://sfbike.org/routes/mttameasy)

For those new to dirt riding or without squishy bikes with big tires, try climbing via Old Railroad Grade. It's a mellow climb and the trail conditions are generally favorable for road bikes. From the summit you can descend via the usual road routes.

Harder loop: 50 miles, Elevation gain: 6,075 feet
sfbike.org/routes/mttamhard

For more of a challenge, you can approach or return via the Headlands trail network. From SF, start down Miwok Trail towards Muir Beach. For maximum ride enjoyment, stop at Pelican Inn for some food and refreshments before the short climb up Highway 1 towards Coastal View Trail.

5. Santa Rosa Multimodal Weekend

69 miles one way, Elevation gain coming south: 3,380 feet
sfbike.org/routes/springlakepark

How about a multi-modal mountain biking adventure starting Friday after work that you can finish by Sunday night? Catch Golden Gate Transit (GGT) bus routes 101, 72 or 74 from downtown SF into Santa Rosa. (Be sure to confirm with GGT that your chosen stop is a designated bike loading stop.) From the Santa Rosa Transit Mall it's just a five-mile ride to the Spring Lake Park campground, complete with a seasonally open swimming lagoon and several miles of mountain bike trails. Have a casual Sunday morning and visit Russian River Brewing Company on your way back to the transit center, or pack out early and enjoy the ride back to San Francisco.

There are so many ways to enjoy the Bay Area by bike. For more routes, check out the "Route Archive" and "Permanents" listed by the San Francisco Randonneurs: sfrandomneurs.org.

APRIL • MAY • JUNE

CHAIN OF EVENTS



For additions to the Chain of Events, visit sfbike.org/events. To submit an event or organize a ride, go to "Submit an Event" at the bottom of our website. *Events not officially organized by the SF Bicycle Coalition are marked with an asterisk.

WOMEN BIKE SF: COFFEE CLUBS

Fridays, Apr. 1; May 6;
June 3 • 8–9am
[See sfbike.org/women](http://sfbike.org/women) for locations

Women Bike SF is an SF Bicycle Coalition program encouraging and inspiring more women, trans* and femme-identified individuals to bike. Every 1st Friday of the month, folks meet to talk bikes and caffeinate together. sfbike.org/women

WALK TO WORK DAY*

Thu, Apr. 7 • All Day

Citywide

Walk SF hosts a festive day celebrating healthy, sustainable transportation.

walksf.org/walk2work

SUNDAY STREETS*

Apr. 10: Mission, May 1: Bayview / Dogpatch, June 12: Sunset / Golden Gate Park / Great Hwy • 11am–4pm

Sunday Streets open streets to people by closing them to cars. At Sunday Streets, we pump up tires and teach Freedom From Training Wheels. sundaystreetssf.com. Can't get enough? Volunteer at our Service Station or Freedom From Training Wheels! sfbike.org/volunteer

San Francisco BIKE & ROLL TO SCHOOL WEEK

APRIL 18–22

sign up at: sfsaferoutes.org

BIKE & ROLL TO SCHOOL WEEK

Apr. 18–22 • All Week

Citywide

Thousands of students, parents and school staff across SF annually celebrate biking and active transportation. Parents and school staff organize events at their schools, and everyone from pre-K through high school is welcome to participate. sfbike.org/family

SF BICYCLE COALITION BOARD MEETINGS

Tuesdays, Apr. 26; May 24;
June 28 • 6:30–8:30pm
[SF Bicycle Coalition, 1720 Market St.](http://sfbike.org/board)

The SF Bicycle Coalition is governed by a volunteer Board of Directors. The board is responsible for the organization's financial health and achievement of its mission. SF Bicycle Coalition Members are invited to attend all board meetings. sfbike.org/board

BICYCLE ADVISORY COMMITTEE MEETINGS*

Mondays, Apr. 25; May 23;
June 27 • 6:30–7:30pm
[City Hall, Room 408, 1 Dr. Carlton B. Goodlett Pl.](http://sfbike.org/event/vip-parking)

The committee meets monthly to consider bicycle transportation projects and policies

to make recommendations to the Board of Supervisors, the SFMTA, and other City and County agencies. sfgov.org/bac

NEW MEMBER MEET & GREET

Wed, Apr. 27 • 6:30pm
[SF Bicycle Coalition, 1720 Market St.](http://sfbike.org/)

New members who joined over the past year are invited, and all members are welcome. Stop by for snacks, games, prizes and a short presentation on what we're doing to make SF a safer, more fun place to bike. Information, new friends and inspiration all included. RSVP: sfbike.org/rsvpmember

WALK & BIKE TO WORSHIP 2016

May 21–29
[Citywide](http://sfbike.org/worship)

Walk SF and the SF Interfaith Council to celebrate Walk & Bike to Worship Week. Throughout the week various congregations will celebrate biking to their place of worship. All local places of worship are invited and encouraged to participate.

sfbike.org/worship

A.C.T. BIKE TO THEATER NIGHT: THE LAST FIVE YEARS*

Wed, May 11 • 7:30pm
[The Geary Theater, 405 Geary St.](http://sfbike.org/worship)

A special night of theater specifically for those who bike, with complimentary Valet Bicycle Parking and free happy hour at the American Conservatory Theater's Sky Bar.

Patrons who bike to the theater receive a special discount on tickets using code

THEATERSFBC.act-sf.org



BAY AREA BIKE TO WORK DAY

Thu, May 12 • All Day
[SF Bay Area](http://sfbayarea.org)

SF bikes every day, and one of the most fun days to bike is the annual Bike to Work Day. Join your SF Bicycle Coalition and thousands of others who bike on this great day. Energizer Stations will be set up across the city to offer free coffee, bike tune-ups, snacks and other goodies. sfbike.org/btwd

THE MECHANICAL HORSE: HOW THE BICYCLE RESHAPED AMERICAN LIFE - BOOK TALK*

Tue, May 17 • 7:30pm
[City Lights Bookstore,
261 Columbus Ave.](http://sfbike.org/pride)

Author Margaret Guroff reads from her new book about the wild and little-known ways in which the bicycle has impacted American culture. sfbike.org/event/mechanical-horse

SF BIKES FOR VIP PARKING: BIKE LOCKING WORKSHOP

Thu, May 19 • 6:30–8pm
[Mike's Bikes SF, 1233 Howard St.](http://sfbike.org/)

This workshop will provide tips on how and where best to lock your bicycle in San Francisco. RSVP required:

sfbike.org/vip-parking

The committee meets monthly to consider bicycle transportation projects and policies

SF BIKES TO YOGA—YOGA FOR CYCLISTS

Sat, May 21 • 2–3:30pm
[Yoga Garden SF, 286 Divisadero St.](http://sfbike.org/yoga)

Bike over to Yoga Garden SF and take a special class designed just for cyclists. RSVP required:

sfbike.org/event/yoga-garden

WALK & BIKE TO WORSHIP 2016

May 21–29
[Citywide](http://sfbike.org/worship)

SF Bicycle Coalition members are working with Walk SF and the SF Interfaith Council to celebrate Walk & Bike to Worship Week. Throughout the week various congregations will celebrate biking to their place of worship. All local places of worship are invited and encouraged to participate.

sfbike.org/worship

BIKE CAMPING: IT'S EASY! HERE'S HOW

Tue, May 24 • 7–9pm
[Huckleberry Bicycles,
1073 Market St.](http://sfbike.org/camping101)

So you bike to work regularly, go on some weekend rec rides, and are looking for new ways to enjoy your bicycle? Try bike camping! Join SF Bicycle Coalition and Huckleberry Bicycles for this introductory session on the ins and outs of camping by bicycle. Be sure to bring your SF Bicycle Coalition Membership card for 15 percent off parts, accessories and apparel to help you get started. Delicious beer provided by San Francisco's very own Comrades Brewing Co.

sfbike.org/event/camping101

SAN FRANCISCO PRIDE PARADE

Sun, June 26 • Time & Location TBD

Get your Byke Pride on with the SF Bicycle Coalition contingent in the 46th annual San Francisco Pride Parade! There is nothing quite like the thrill of riding down Market Street to the cheers of hundreds of thousands in one of the biggest Pride celebrations in the world. You must be a current member of the SF Bicycle Coalition to ride in the contingent. Registration required at

sfbike.org/pride

2016 NAPA VALLEY TOUR DE CURE*

Sun, May 1 • All day

[Yountville, CA](http://yountville.ca)

The American Diabetes Association's largest cycling event. With strong support from

individuals and teams, this event raises over \$1 million annually to find a cure for diabetes and to support ADA's mission. Choose from beautiful routes ranging from 10 to 100 miles. tour.diabetes.org

BIKE PARTY*

Fri, May 6 • Meet 7:30pm

for 8pm roll off. Meet at Civic Center

SF Bike Party's monthly biking celebration rides fun and safe, with stops to dance and socialize. Route will be posted before the ride. sfbikeparty.com

CYCLES OF HISTORY*

Sat, May 7 • 12–4pm

[Ecological History \(South\)](http://sfbike.org/)

Sun, Jun. 26 • 12–4pm

[Labor History, The Eric Quezada](http://sfbike.org/)

[Center for Culture and Politics, 518 Valencia St.](http://sfbike.org/)

Explore the Bay with the Gals! These monthly scenic rides are geared for women aged 50+ years young, but all riders are welcome. Four levels of rides offered to accommodate everyone from new to experienced riders. No rider is left behind! RSVP required: sfbike.org/gals.

shapings.org

RIDE OF SILENCE 2016*

Wed, May 18 • 5–9pm

[Location TBD](http://sfbike.org/)

A group ride to honor those that have been injured or killed while biking. This ride takes place in over 50 countries on the third Wednesday each May with thousands of riders coming out in support and solidarity. This ride sends a powerful message for the need to make our streets safer.

sfbike.org/event/silence

SF SIGHTS BY BIKE

Sat, May 21 • 9am–1pm

[Main Post Lawn,](http://sfbike.org/)

[103 Montgomery St.](http://sfbike.org/)

A welcome station and starting point for your walk, bike or scooter-roll to school. Families going to SF Community School, Cleveland Elementary and Monroe Elementary can park the car or jump off MUNI to join the weekly "walking school buses." sfbike.org/event/excelsior/all

ZEN-A-THON: CYCLE SF TO GREEN GULCH

Sat, Apr. 9 • 10am roll off

[City Center, 300 Page St.](http://sfbike.org/)

Join the San Francisco Zen Center for a leisurely ride to the beautiful Green Gulch Farm in Muir Beach. The Zen-a-thon offers a full menu of cycling, hiking and sitting zazen together. sfbike.org/event/zen-a-thon

FAMILY BIKE PARADE TO SUNDAY STREETS

Sun, Apr. 10 • 11:30am

[Garfield Square, 26th St. at Harrison](http://sfbike.org/)

Bike together to Sunday Streets on Valencia Street. Meetup for a short safety talk about Bike & Roll to School Week!

sfbike.org/events

ORANGE BICYCLE RIDE: DUTCH KING'S DAY

Sat, Apr. 23 • 10am–12pm

[Location TBD](http://sfbike.org/)

Celebrate the great Dutch King's Day (in honor of the King's birthday) by wearing orange and joining this free group bike ride. sfbike.org/event/dutch-2016

CLIMATE RIDE*

May 22–26

[Redwood Empire to San Francisco](http://sfbike.org/)

Climate Ride California North Coast is a 5-day, fully-supported cycling adventure that begins near the Avenue of the Giants in Humboldt County, pedals along the Northern California coast, and ventures into the famed Russian River Valley before crossing the Golden Gate Bridge into San Francisco. Follow our team's progress and learn more about participating next year at climateride.org/events

D1 FOR DECISION MAKERS: SAFE STREETS

Sat, June 18 • 1:30pm push off

[Velo Rouge Café, 798 Arguello Blvd.](http://sfbike.org/)

The streets and sidewalks of the Richmond District are getting safer and more welcoming for neighbors and visitors, but we can certainly do more. Join this non-athletic bike ride to learn more about initiatives and

ideas to make walking and biking in District 1 even safer, more dignified and delightful for people of all ages and abilities. No RSVP needed. sfbike.org/rides

FREE CLASSES

LEARN TO RIDE WITH YBIKE IN THE PRESIDIO*

Ongoing

Practice what you learned in the Traffic Skills 101: Classroom. This on-bicycle class follows a comfortable progression onto city streets, beginning with a short review of the lessons from the classroom course. After a basic bike maintenance session, the class will practice bike maneuvering skills in a car-free practice area before riding on the streets in small, intimate groups led by instructors. You will gain experience riding alongside moving traffic in different traffic conditions, applying the safe riding techniques practiced in the car-free space.

For additional dates and times, see sfbike.org/education.

INTRO TO URBAN BICYCLING WORKSHOP

Ongoing



San Francisco Bicycle Coalition
1720 Market Street
San Francisco, CA 94102

sfbike.org

ADDRESS SERVICE REQUESTED

NONPROFIT
ORGANIZATION

US POSTAGE PAID
SAN FRANCISCO, CA
PERMIT #3819

Founded in 1971

45 years of bicycle advocacy

3 major street renovations
breaking ground in 2016:
Masonic, Polk, Second

10,000+ members powering the
SF Bicycle Coalition's work

- Things created since then:
- SFMTA (1999)
- BART (1972)
- 221.6 miles of SF bike lanes

**KEEP OUR WORK ROLLING INTO 2016:
MAKE A GIFT TODAY.**

SFBIKE.ORG/DONATE

Become a San Francisco Bicycle Coalition member and get discounts all over town!

*Must arrive by bike to receive discount. See sfbike.org/discounts for details.

American Cyclery	Everchange Fitness	Pedal Inn
Arizmendi Bakery*	fitBERNALfit	Pedal Revolution
Artisans of SF	fitGLENfit	Po Campo
Avenue Cyclery	Freewheel	Precita Park Café
Bay City Bike Rentals and Tours	Fresh Air Bicycles	PUBLIC Bikes
BeOmni	Golden State Health	Refried Cycles
Bespoke Cycles	Good Hotel	Rickshaw Bagworks
Big Swingin' Cycles	Good Vibrations	Roaring Mouse Cycles
The Bike Connection	Green Apple Books	Rock & Roll Massage
Bike Friday	Greens To Go	Sausalito Bicycle Company
Blazing Saddles Bike Rentals	Heavy Metal Bikes	See Jane Run Sports
Body Awakening	High Trails Cyclery	SFC San Francycle
BoomBotix	Huckleberry Bicycles	Sports Basement
Box Dog Bikes	Kasa Indian	Streets of San Francisco
Canyon Market	Market Street Cycles	Sun Porch Yoga
Chrome	Metromile	Swell Bicycles
Citizen Chain	Mike's Bikes	Timbuk2
City CarShare	Mission Workshop	A Tran's Bay Bike Shop
City Cycle of San Francisco	Monkeylectric	Treat Street Bicycle Works
Dahon	Noe Valley Cyclery	Valencia Cyclery
DD Cycles	Nomad Cyclery	Velo Rouge Cafe
Department Seventeen	Nopalito	Vespertine
Dolores Park Café	Ocean Cyclery	Warm Planet Bikes
Duboce Park Café	Other Avenues Co-op	Wiggle Bicycles
Equator Coffees & Teas	P-Fits	Yoga Garden SF
	Pacific Bikes & Boards	Zipcar

Become a member of the San Francisco Bicycle Coalition and help us Connect the City and make San Francisco a better place to live, work and bike. As a member, you get discounts all over town, free bike trailer and air travel bike box rentals and more. See sfbike.org/membership for all the benefits.

NAME _____

ADDRESS _____ CITY _____

ZIP _____

HOME PHONE _____ EMAIL _____

Make checks payable to: San Francisco Bicycle Coalition.
Check with your employer about matching your donation.

NAME _____

CREDIT CARD NO. _____ EXP. _____

DATE (MM/YY) _____

VISA MASTERCARD Do not share my name, even with cool organizations the SF Bicycle Coalition likes

Membership type

**Yes, I want to volunteer!
Sign me up for info on:**

- | | |
|---|---|
| <input type="checkbox"/> \$35 ONE YEAR MEMBERSHIP | <input type="checkbox"/> MARKET STREET |
| <input type="checkbox"/> \$52 A BUCK A WEEK | <input type="checkbox"/> POLK STREET |
| <input type="checkbox"/> \$120 SUSTAINERS* | <input type="checkbox"/> 2ND STREET |
| <input type="checkbox"/> \$250 SUPPORTING MEMBER* | <input type="checkbox"/> THE WIGGLE |
| <input type="checkbox"/> \$500 PATRON* | <input type="checkbox"/> THE EMBARCADERO |
| <input type="checkbox"/> \$1,000 DONOR* | <input type="checkbox"/> BIKES AND BUSINESS |
| | <input type="checkbox"/> SOMA STREETS |

***includes free SF
Bicycle Coalition t-shirt!
Please choose.**

Men's Women's

OTHER _____

JOIN!