

PROMOTING THE BICYCLE FOR EVERYDAY TRANSPORTATION

SUMMER 2016 ISSUE 156 • JULY, AUGUST, SEPTEMBER

TUBE TIMES

SAN FRANCISCO BICYCLE COALITION

 FREE

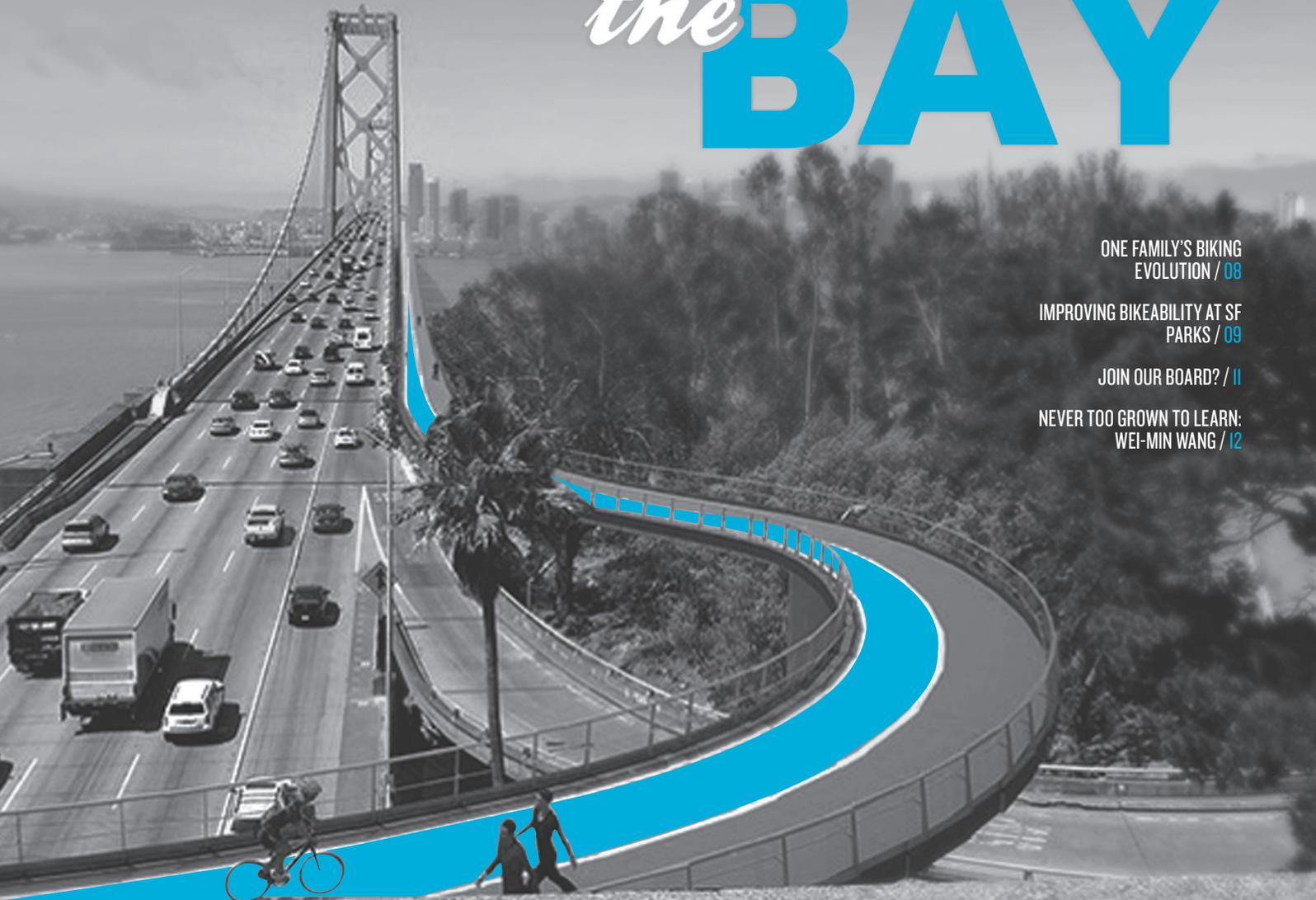
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Soaring Popularity of Biking 45 Years in the Making

Can you feel the impact that 45 years of bicycle advocacy is having on our city?

Our streets are more welcoming than ever, and the stories of people biking in San Francisco speak for themselves. There are stories like that of Nori Tong (on page 8), who bikes her children between the Castro and the Sunset every day. We can also take heart in the experience of Wei-min Wang (featured on page 12), who has biked over 2,000 miles since taking our Adult Learn to Ride class last year.

Nori and Wei-min are inspiring, and they are far from alone. Like so many of our members, more and more San Franciscans are choosing the freedom, fun and ease of biking.

The popularity of biking is rising faster than that of any other transportation mode in SF. Last year alone, San Franciscans took 9 percent more trips by bike than in the previous year. Looking back over the last decade, bike rides are up 184 percent in our city.

That's right: We have nearly tripled the number of bike trips in San Francisco in the last 10 years.

This fact is an incredible testament to the focus and passion that SF Bicycle Coalition members bring to our work. In addition to speaking up for people who bike at City hearings and community meetings, our members gave over 9,000 hours of their time volunteering at events, at Service Stations and in the office last year.

Like a bicycle, our movement is people-powered. The San Francisco Bicycle Coalition is different things to different people: a source of great canvas bags on Bike to Work Day, a resource on how to bike San Francisco safely and confidently, a team of advocates literally reshaping our streets in every single neighborhood of our city. But at its core, the SF Bicycle Coalition is the collective power of 10,000-plus members who see the bicycle as the vehicle for a better, more livable city.

I am proud to be one of you: a member who volunteers my time in service of our organization. (We've been busy on the board, and have some updates to share on page 11, by the way.)



“Like a bicycle, our movement is people-powered.”

Together, we are making a difference. San Francisco's streets increasingly reflect our hopes and dreams. But you and I know that there is so much more work to be done.

We need to keep the pressure on City leaders to deliver more protected bike lanes connecting neighborhoods across San Francisco. We need City agencies to tackle the scourge of double-parking in unprotected bike lanes. We need to make sure that there are safe routes to and through every park where a San Franciscan child plays. (Check out the recent improvements for bikes and parks on page 9.) And we need to keep our eyes on the prize of a bike path crossing the entirety of the Bay Bridge. **(See the latest on page 5.)**

Our streets hold an immense history, from freeways transformed into beautiful boulevards, to projects that were delayed, compromised or never realized. These streets are not perfect, but, together, we are making them better. Just look at how many more people find them bikeable today than they did 10 years ago.

Thank you for making that possible and for investing in the many victories ahead for people who bike.

See you in the bike lanes,

Brianne O'Leary Gagnon
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The Tube Times is a quarterly publication of the San Francisco Bicycle Coalition, a member-based nonprofit advocacy organization working to transform San Francisco's streets and neighborhoods into more livable and safe places by promoting the bicycle for everyday transportation. tubetimes@sfbike.org

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Have you been missing out on our weekly Biker Bulletin email?
Update your contact info at sfbike.org/services.

Get to know the rest of our Board of Directors at sfbike.org/board.

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3 Ways You Can Help Stop Double Parking in the Bike Lane

Valencia. Folsom. Market. We see people stopping their cars in the bike lanes all across San Francisco, requiring people biking to swerve in and out of faster-moving traffic.

It does not have to be this way. Join us in taking these three steps to fight the flood of people illegally stopping in bike lanes.

1

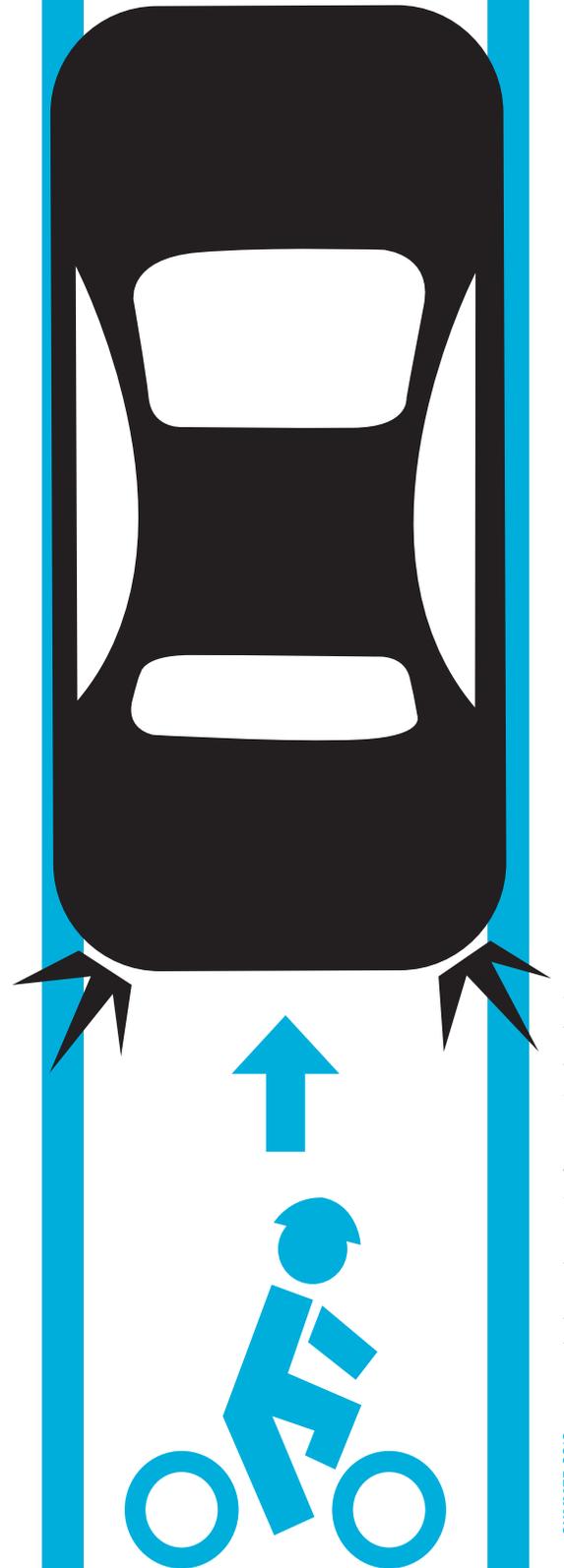
Request enforcement: Call 311 or tweet a picture @SF311 to officially request enforcement of laws forbidding people from parking in bike lanes.

2

Voice concern with SFPD & Supervisors: Emailing concerns to the nearest SFPD station (and copying the Supervisor representing that area) ensures a record of the problem so the police are aware of this issue. You can also tweet photos at SFPD station Twitter accounts, or voice your concern in-person at monthly meetings held by each station. Find an SFPD station map and meeting schedules at sfbike.org/sfpdstations.

3

Contact the company responsible: We offer professional driver training, but not every company has taken advantage of the opportunity. If you see a professional driver parking in bike lanes, we do not encourage confronting the driver directly. Instead, contact the company with pictures and vehicle ID information, if possible. Ask company representatives to direct drivers not to illegally and dangerously park in bike lanes, and let them know that they can contact the SF Bicycle Coalition for resources. sfbike.org/driver



QuickReleases

Welcomes & Farewells

We want to give a huge thanks and a fond farewell to our Event Planner Bonnie Walton, Community Organizer Chema Hernández Gil and Technology Coordinator Erin Durkee who are moving on to pursue new opportunities. Bonnie led us through four Bike to Work Days, with bigger, brighter celebrations every time, along with many other events, large and small. Chema helped us deliver big victories for people who bike, including our campaigns to transform Polk Street, Potrero Avenue and many others. Erin has been central to improving our email communications and helped found Women Bike SF to ensure that we are specifically reaching out to women, trans* and femme people who bike or are bike-curious.

We are also happy to announce four new additions to the team. Susan Gallentine joins us as Event Planner, with a deep background in organizing fun, engaging events, most recently at the Presidio Trust. Kelsey Roeder previously worked at the SF Department of the Environment and brings her enthusiasm for bikes and the people who love them to our newly created role of Membership Assistant. And we welcome two enthusiastic urban planners in-training, AJ León and Danny Kolosta, who will serve as Campaign Assistants during their college break this summer in their native Bay Area.

Welcome aboard, Susan, Kelsey, AJ and Danny!



Residents of the Tenderloin taking part in a Community Bike Build we organized there, along with community partners.

New Bike Counters

Ride up and be counted! There's something exhilarating in seeing the number tick up as you pedal past the bike counter heading east on Market Street. With two new bike counters installed by the SF Municipal Transportation Agency, the message is clear: People who bike count. One is on Valencia between 16th and 17th Streets. The other is opposite the first bike counter, westbound on Market between 9th and 10th Streets. These bike counters not only show off how much San Francisco bikes, but are testaments to SF's dedication to smarter choices for better, more liveable streets.

Community Bike Builds: Let's Connect!

In collaboration with our partners, we've already given out over 100 bikes so far this year. We'd like to thank our 2016 Community Bike Builds partners: Central City SRO Collaborative; La Voz Latina; Vietnamese Youth Development Center; Causa Justa :: Just Cause; George Washington Carver Elementary School and Cornerstone Missionary Baptist Church, as well as all the incredible volunteers who help make this work possible. If you are a part of a community group that would like to host a Community Bike Build, email francisco@sfbike.org.

2015

VOLUNTEER & EDUCATION NUMBERS



10,000+

Members who power our work!



1,000

Bike lights we installed for free for those riding at night without them.



700

New and renewing taxi & tow-truck drivers who took our safety training.



9,000+

Hours donated by 800+ volunteers to the SF Bicycle Coalition!



14,600+

Bicycles we kept safe at events thanks to our Valet Bicycle Parking service.



6,000+

Kids & families who pedaled or scooted to school during Bike & Roll to School Week.



1,500+

Kids & adults who took our bicycling safety education classes.

Tour de Fat: Saturday, Sept. 17!

New Belgium's Tour de Fat is back! Mark your calendar: Saturday, Sept. 17 is San Francisco's biggest festival of bikes, costumes, music and beer for a cause. Hosted by New Belgium Brewing, this celebration of bikes and advocacy will be better than ever. If you've attended previously, note that some changes are brewing! This year, the festival is moving to a \$10 ticket for entry to support bigger and better acts including Dr. Dog and an eclectic mix of performers and vaudeville acts. Find out more and get your tickets today at sfbike.org/fat.

Want free entry and a free beer? We need your help to pour brews, sell merch, park bikes and more! Sign-ups for one of the most fun volunteer opportunities of the year will open in August. Please note: You must be a current member of the SF Bicycle Coalition to volunteer at Tour de Fat.

Local Businesses ♥ Bikes

San Francisco Businesses are seeing the benefits of bicycling. Retailers are attracting more customers on bike, downtown companies bring in more young, talented workers, and employers are seeing drops in their health care costs from more employees biking to work. Is your workplace looking for ways to promote bicycling to work? We can help! Visit sfbike.org/businessmembership and get your membership rolling.

Thank you to our new and renewing Business Members: BikeLeap; Burr Pilger Mayer; Chameleon John Coupons; Dolmen Property Group; Google SF; Grace Cathedral; HNTB Corporation; Hospital Council; Hotwire; Leddy Maytum Stacy Architects; LinkedIn; Martin Building Company; O'Connor, Runckel & O'Malley LLP; Panoramic Interests; Reliance Foundry; San Francisco State University; SportWorks; Spurcycle; Sustainable Technologies; Timbuk2; Tishman Speyer; and Trumark Urban.

Bike & Play Every Weekend in Shared Schoolyards

In collaboration with our partners, The Shared Schoolyard Project now opens school playgrounds on weekends, providing places within walking distance for children and families to play and gather. Through this unique partnership between the City of San Francisco, the San Francisco Unified School District, and San Francisco's neighborhoods and communities, schoolyards are open to the public Saturdays and Sundays from 9:00 am to 4:00 pm across the city, with at least one in each of San Francisco's 11 Supervisorial Districts. Shared Schoolyard will hold kickoff celebrations at four of the 28 sites this summer. Bring your young ones to join in the fun and practice their biking skills. See our Chain of Events on page 13 or learn more at sfsharedschoolyard.org.



Many commuters and people who bike took part in the 2016 Bike to Work Day festivities taking place May 12th.

Thanks to Dolan Law Firm for supporting the Tube Times

Don't Dream It. Bridge It.

By Janice Li



A rendering of the Bay Bridge's western span path for people walking and biking. With community input, designers have concluded that attaching the path on the bridge's north side is preferred, permitting for incredible views of the San Francisco skyline.

Imagine this: A beautiful seven-mile bike ride, elevated over the San Francisco Bay with no stop signs or traffic lights.

For many, the transbay connection means a sweaty BART ride screeching underneath the Bay, infrequent ferries or buses, adding to the traffic and congestion on the Bay Bridge or worse: "I think I'll stay in San Francisco tonight."

Connecting the East Bay to San Francisco with a beautiful pathway no longer has to be a part of your imagination. Soon enough, you'll be able to bike from Oakland to Treasure Island. But what about getting all the way to downtown San Francisco?

Why?

Every day there is a new record for San Francisco's population. With tens of thousands moving into San Francisco over the past few years, people are feeling the squeeze on our streets. We feel it already in the bike lanes. In 2015 alone, there were 25 percent more people biking on Market Street than in the prior year.

BART cars rolling through Embarcadero Station during commute hours typically offer no room for your bike. Passengers bringing their bikes onto Caltrain commonly get "bumped" with insufficient bike spaces on board. And, to no one's surprise, a recent report by the SF County Transportation Authority confirmed what we all expected: The Bay Bridge is already at capacity.

The path for people biking and walking the Bay Bridge's West Span represents not only an architectural accomplishment to bridge two cities separated by a bay, but also one of practical need. With projections of 10,000 people biking on the Bay Bridge daily, the completion of the West Span pathway will uphold the Bay Area's dedication to environmentally-friendly and sustainable living.

Bridging the West

When it comes to a once-in-a-generation opportunity like building a bike path on the Bay Bridge, every step counts.

We've already taken the first step: a commitment by Steve Heminger, head of the Metropolitan Transportation Commission (MTC), the regional transportation agency for the nine Bay Area counties. At a Bike East Bay event in 2013, Heminger promised a path for people biking and walking that spans the entire Bay Bridge.

Heminger's announcement came towards the end of multiple studies led by Caltrans, the state's department of transportation. Nearly a thousand pages were published to determine the feasibility of a path for people biking and walking on the West Span, the first of which was published in 2002 along with a more detailed study completed in 2014.

To hone in on the design and every fine-grain detail, the MTC awarded Arup North America a \$10 million contract in November, 2014 to translate the reports' findings into a real and feasible design.

BAYBRIDGE

bytheNumbers

Opened in 1936; at time of completion, it was the longest bridge in the world.

The original double-decker span had two-way vehicle traffic on the top deck and truck lanes and a train line on the bottom deck.

The Golden Gate Bridge (1937) and Bay Bridge (1936) were completed and opened within a year of each other.

167,100: Tons of steel used for the original Bay Bridge.

8,000: The number of new homes presently being built on Treasure Island.

10,000: The estimated number of people expected to bike on the Bay Bridge daily when the full path from Oakland to SF is completed.

7.3: Total number of miles of the full Bay Bridge trail.

132,000: Approximate number of vehicle trips on the Bay Bridge per day.

2026: When designers estimate we'll be able to bike across the entire Bay Bridge for the first time.

This hardworking team, led by Rafael Manzanarez and Rich Coffin, is eagerly turning a bikeable Bay Bridge into reality.

After a year of analysis, measuring everything from wind factors to cantilever physics and noise levels, Arup emerged in January, 2016 with stunning 3D images to share and gave the public the first real taste of what biking on the West Span could look like. From swirling ramps for ADA accessibility to glass elevators landing on the Embarcadero, the engineers and architects at Arup wowed the crowd, a packed, standing-room-only meeting earlier this year.

This project is complicated not only because of the immensity of a bridge structure but also because of the moving parts. Design has been broken into three distinct segments: the connection on Yerba Buena Island onto the West Span (pictured publicly for the first time on this Tube Times' cover), the pathway on the span itself and the touchdown into downtown San Francisco. Several options have been developed for each segment, allowing for a menu of permutations to cook up the final three-course meal of the Bay Bridge West Span.

As this Tube Times went to print, the project managers at Arup confirmed that those designs pictured here are the preferred options based on feedback they received from the public. This special preview will be shared in full at an open house later this year before the final design options are brought to agency decisionmakers at the end of this planning process, which wraps up in early 2017.

After that, the next major step to turn three-dimensional computer-aided designs into real-life steel structures will be to identify the funding needed. Your SF Bicycle Coalition looks forward to working alongside project partners, our Bike East Bay allies and most importantly, our members to see this project through, currently projected for completion by 2026.

CONTINUED ON PG. 7

Wednesday July 13, 2016 6:30-9pm
The Green Room

— Honorees —

Assemblymember Phil Ting
Nicole Ferrara, ED of Walk SF

— Special Remarks by —
Supervisors Jane Kim & Scott Wiener

sfbike.org/goldenwheel

24th Annual
**GOLDEN
WHEEL
AWARDS**



After releasing four possibilities for the path's landing in San Francisco and soliciting community feedback, engineers and architects are encouraging that only two move forward, in addition to an elevator, including this possible landing at Beale and Bryant Streets.



One of two remaining designs for people biking and walking the Bay Bridge's western span into San Francisco -- this one at the Embarcadero near Harrison Street.

Completing the East Span

In Issue No. 100 of Tube Times, dated Oct.-Nov. 2004, the cover article was entitled "Biking to Oakland and Back."

Back then, this was an otherworldly dream. The opening line read: "The grandest and potentially most popular multi-use pathways in the Bay Area exist only on paper."

After two years of nearly-completed limbo, the East Span path for people biking and walking will finally touch down on Yerba Buena Island later this year to fully connect the East Bay to the edges of San Francisco. When complete, you'll be able to ride from West Oakland and take the beautiful, 15-foot path named after long-time bicycle advocate and Bike East Bay founder, the late Alexander Zuckermann, all the way to Yerba Buena Island. There, you'll land at a brand new vista point on U.S. Coast Guard territory where you can take in the sights.

As housing and commercial developments on Treasure Island are built out, so will the bike connections. This massive development project broke ground earlier this year and will transform both Treasure Island and Yerba Buena Island with new development and transportation networks, including bike-friendly and walkable streets, along with significantly improved access to and from the islands.

The grand visions your SF Bicycle Coalition dreamt up for the Tube Times 12 years ago are becoming a tangible, bikeable reality.

What's Next?

We have only come this far because of San Francisco's love affair with the Bay and the momentum of bike advocacy. For more than a decade now, members of the San Francisco Bicycle Coalition, as well as Bike East Bay members, have shared a common dream: to someday bike shore to shore across the Bay.

The fight continues to make that a reality in this generation, and you can make a difference. Come to the next open house. Ride with us when the East Span makes its way to Treasure Island. Tell everyone you know and ask them whether they want to be part of a truly awe-inspiring, historic opportunity...



No Stopping Her (and Her Kids!) Now: Nori Tong

By Mara Mabugat

Some people might consider hauling two kids from the Castro to schools in the Haight and Outer Sunset daily a chore. Not so for Nori Yatsunami Tong.

"I feel less stressed -- no finding parking. There's freedom of movement. You're not restricted," Nori said. "There is more meeting other people."

Nori Yatsunami Tong moved to San Francisco back in 2008 and has been riding a bike here since 2010. Born and raised in Tokyo, she brings that perspective to biking around SF.

"Biking is the norm there," Nori said. "It's how people get around. It's what moms do."

When Nori first started biking her children to school, however, there was a bit of an adjustment period.

We often overtake neighbors and friends driving to school and wave at them.

"Before, I had one child in a seat on the bike, but I could only ride with one child at a time. It was even getting harder with one kid," Nori said of her experience biking with growing children with her old family biking gear.

"It all changed when I got a longtail family bike last year when my son was in kindergarten. I saw others at the school with the longtail bike with electric pedal-assist," Nori said.

"It's a game changer."

Now Nori's family gets to experience the joys of biking in the city together.

"We often overtake neighbors and friends driving to school and wave at them," Nori said. "It's a game for us. They may catch up, then we get ahead again, then they pass."

Especially as a parent, Nori understands the importance of having safer, stronger biking infrastructure. Well-versed in the City's bike routes, Nori only rides with her family in the bike lanes and is hopeful about a future SF where bike lanes criss-cross the entire city.

"I see them improving every year," said Nori.

Positive that others will enjoy it as much as she does, Nori encourages other families to try riding together.

"Try it and you'll like it!," she assured.

Nori and her family are a brilliant example that biking to school can be convenient and fun, and the bike lanes are a welcoming place for all ages and backgrounds.

Want to get your family rolling? Check out sfbike.org/family for family biking workshops, guides and more.

Bikes & Parks :: Peas & Carrots

By Charles Deffarges

Life in San Francisco and enjoying parks go hand in hand. San Franciscans enjoy access to a whopping 230 parks making up approximately 3,500 acres of green space across the city. Golden Gate, Presidio, McLaren: these are but a few of the many park lands where people go to get a breath of fresh air.

With biking more popular than ever in San Francisco, it seems only natural that our parks be accessible to people riding their bikes. Biking is a healthy, fun and convenient way to get around and many residents are saddling up to get to their local parks. We are working hard to make sure that our parks are as bike-friendly as possible. Below are a few spots where biking is getting better and easier in San Francisco's parks.



McLaren Park

Major Improvements Coming to SF's Second-Largest Park

McLaren Park is truly a local gem. Tucked away into the southeast corner of the city, the park features great views and an extensive trail system to escape the hustle and bustle of city life. But accessing this 317-acre open space isn't the easiest, with hidden entrances and a four-lane Mansell Street bisecting the park.

New improvements to Mansell Street will transform the corridor and the park as a whole. With completion later this year, this high-speed street carving the park in half will have calmer traffic by reclaiming one side of the roadway for people. Vehicle traffic will remain on one side of the median while the other side will feature new, protected paths for people walking and biking fully separated from cars. These changes are huge news for people biking in the area and will provide much-needed access to McLaren Park, which will also receive other great new features in the coming years, including SF's first bicycle skills park.



Twin Peaks

Views Reserved for People on Foot, Bike

Twin Peaks is familiar to most residents as the park with arguably the best views in San Francisco. Where else is it possible to get a full panorama of the east and west sides of the City? For years, however, this popular recreational ride was only for those ready to bike with fast-moving traffic. Worse for pedestrians, visitors on foot had no space and simply walked precariously at the road's edge, making it particularly unwelcoming to families, seniors and people with disabilities.

Thanks to yet another reclamation of park space for people, the Twin Peaks project was approved earlier this year to open up one side of Twin Peaks exclusively to people biking and walking. The other half will be converted into two-way traffic to maintain vehicle access. This project finally gives space for people to take in the gorgeous views where previously there was no dedicated space for biking and walking. What better way to celebrate this new open space than with a visit of your own?



Polo Fields Bike Track

Public Race Track With a Scent of the Sea

Whether you're training for a big ride or just learning how to bike, Golden Gate Park celebrates all types of riders. From open street festivities every Sunday or the protected bike lanes on JFK Drive, you can easily bike to and from all the wonders of Golden Gate Park. Looking to ride fast? Take a spin around the Polo Field in Golden Gate Park, where you can circle the one-mile loop with no obstacles.

The pathway that circles the Polo Field started out as a cycling track in 1906, but after over a century of existence, the track needed improvements. Thanks to Friends of the Polo Field's advocacy and volunteerism, rough patches were restored with new striping and signage to improve conditions. Take a look next time you are in Golden Gate Park and go for a lap (or 10).



Presidio Coastal Trail

A New Path to Bike SF's Most Iconic Landmark

Riding across the Golden Gate Bridge is always an incredible experience. Ocean air and fantastic views make the Bridge a very popular biking destination for locals and tourists alike. Up until recently, riders coming from the Presidio Coastal Trail would have a tricky time getting onto the western, bike-only span of the Bridge. Accessing the Bridge's bike path required navigating the often-crowded Bridge Plaza. Now, a new addition to the Presidio Coastal Trail makes riding onto the Bridge a breeze.

The new stretch of the Presidio Coastal Trail connects Lincoln Boulevard to the Bridge's western span, allowing people walking and biking to access the Bridge seamlessly. For people biking from the Bridge, the path provides a connection to Lincoln Boulevard as well as the rest of the Presidio. The mixed-use trail is ADA-accessible, offers great views of the Pacific and features a bridge across two existing bunkers in the Presidio. If you ever needed an excuse to explore the Golden Gate Bridge by bike, this new trail is as good as it gets.

\$10 • GOLDEN GATE PARK • 9-17-2016 • 10am-5pm



Bikes, Beer & Bemusement.

▶ *featuring Dr. Dog* ◀

SIGN UP TO VOLUNTEER: sfbike.org/fat



Championing a Strong SF Bicycle Coalition: Calling for Interested Board Candidates

By the SF Bicycle Coalition Board of Directors

What makes the San Francisco Bicycle Coalition one of the strongest and most effective advocacy organizations in the city? Over 10,000 passionate members committed to promoting the bicycle for everyday transportation is a big reason, along with diverse community partnerships and a hard-working staff.

There's another critical, though less prominent, element to the San Francisco Bicycle Coalition's success: our all-volunteer Board of Directors.

Are you an engaged member interested in serving on the board? Here's a quick overview of key questions:

WHAT ARE THE BOARD'S RESPONSIBILITIES?

The top responsibilities of this 15-member team include fiduciary oversight, governance duties, strategic direction and fundraising -- all with the goal of advancing the SF Bicycle Coalition's mission and supporting our organizational health.

Board members also participate in regular meetings and public events, such as member gatherings and fundraising events. The board plays an important role in representing the organization on group rides and at events like Bike to Work Day.

HOW MUCH TIME DOES BOARD SERVICE TAKE?

Most Board members typically average two-to-three hours weekly, including evenings and weekends, with some seasons busier than others.

HOW DOES ONE BECOME A BOARD MEMBER?

Each year, half of the 15 board seats are up for election for two-year terms. Any current SF Bicycle Coalition member is eligible to run. All members may vote. We are preparing now for the 2016 board elections, with voting later this year.

If you're considering board service, here are a few recommended steps to take:

- Read more about board roles and responsibilities, as well as the top needs, skills and qualities that have been identified as board priorities this year
- Come to a board meeting (listed on page 13.)
- Contact a current board member to ask questions or learn more about their experiences Learn about the process -- including the deadline to declare as a candidate for this year's board election (planned for later this summer, date to be shared online in July.)

Get additional information on these and other board-related topics at sfbike.org/board_election.

GET TO KNOW YOUR BOARD



Lisa Fisher

Urban Planner

"I was on maternity leave, flipping through a Tube Times during one of many many feedings, and saw the call for Board of Director candidates. I wanted to keep biking with my little son, was deeply grateful to the work of the Bicycle Coalition and felt it would be an honor to serve."



Mary Kay Chin

Community Organizer

"While this position does require a lot of volunteer time and work, the payout is priceless. Our ability to help govern, shape and lead by example a nationally-recognized bicycle advocacy organization is deeply meaningful. I can ride my bike confidently, knowing that our work will shape the future of our streets and our city."



Zack Stender

Owner of Huckleberry Bicycles

"I'd say run if you want to help make San Francisco a more bikeable city. Run if you want to play a bigger part in making this city's public spaces better places to be. Be prepared to do your part. This is a very active board."



Started from 0

Now He's 100

By Chris Cassidy

"I learned to ride out of necessity," SF Bicycle Coalition member Wei-min Wang said. "I had signed my six-year-old up for bike camp in the summer, and I figured I would be no match for him if I had to chase him around on foot."

Before 2015, Wei-min's only experience biking was as a child, riding around his basement on a bike with training wheels that he never removed.

"Honestly, it felt like quite an accomplishment and long overdue," Wei-min told your SF Bicycle Coalition staff. "It seems like everyone knows how to ride a bike, but it took me more than 40 years to get around to it. I grew up in San Francisco and neither of my parents knew how to ride, so I didn't have any teachers."

Until last year, that is, when Wei-min took learning to bike into his own hands.

"I searched online for a class and was pleased to learn about the SF Bicycle Coalition's free Adult Learn to Ride classes," Wei-min said. "Then, in addition to the Learn to Ride class, I also took the Intro to Urban Bicycling workshop."

Now, Wei-min is more than just someone who knows how to bike. He supports our advocacy and education efforts as an SF Bicycle Coalition member and he bikes regularly. Wei-min told us that he logged over 2,000 miles in the saddle in the past year.

"I ride three-to-four times a week on average. It's mostly for fitness and mental health, but I've biked to work a few times, used my bike to run errands and even taken my four-year-old to school once by bike," Wei-min said. "She's been bugging me to do that again."

Embracing biking has changed how Wei-min thinks about navigating his hometown.

"I'd say the best parts are the freedom of movement and the fresh air," Wei-min said. "You can get places fast, but you can also take your time and enjoy how beautiful the city is without the stress of traffic jams or being cooped up behind the wheel."

Thinking back on his experience in the Adult Learn to Ride Class, Wei-min recalls how his instructors quickly put the class at ease.

I grew up in San Francisco and neither of my parents knew how to ride, so I didn't have any teachers.

"I was pleasantly surprised by the wide age range of the students and felt right at home," Wei-min said. "The instructors knew their stuff and made it easy to learn. They were confident that we'd all be riding within two-to-three hours and they were right."

Now Wei-min is an evangelist for biking, encouraging others who – like him – never learned to ride in childhood:

"Go for it. It's fun, it's good for your health and great for the environment. The network of bike routes around town is extensive and

getting better each year. So getting around is easy.

"Yes, there are hills," Wei-min acknowledged, "but those, too, get easier with practice."

Wei-min is an inspiring example of how it's never too late to learn to bike. If there's someone in your life who could use a little support and encouragement to get rolling, please let them know that we are here to help. Details about our free bicycle education classes are available at sfbike.org/edu.

CHAIN OF EVENTS



For additions to the Chain of Events, visit sfbike.org/events. To submit an event or organize a ride, go to "Submit an Event" at the bottom of our website. *Events not officially organized by the SF Bicycle Coalition are marked with an asterisk.

EVENTS

VALET BICYCLE PARKING AT GIANTS GAMES

The San Francisco Bicycle Coalition is proud to offer free Valet Bicycle Parking at all Giants regular season home games. Pedal to the stadium, and our stellar valet staff will watch your bike for you, so you can sit back and enjoy the game. We are open two hours before and thirty minutes after each game. Valet is located on the south side of the ballpark by the water (on the PortWalk between the foul pole and the Health Center). Look for the double doors midway along the stadium wall under the bike parking sign. sfbike.org/giants

WOMEN BIKE SF: COFFEE CLUB 8:00 - 9:00am

Fri., July 1 | Duboce Park Cafe, 2 Sanchez St.

Fri., Aug. 5 | Equator Coffee, 222 Second St.

Fri., Sept. 2 | Location, TBD

Women Bike SF is a San Francisco Bicycle Coalition program that aims to encourage and inspire more women, trans* and femme-identified individuals to ride bikes with social events, rides and workshops. Once a month, an informal gathering of women who bike meet to talk bikes, share tips and caffeinate together. This is a perfect place to find riding buddies and answer some of your questions about biking in SF. Bring your ideas, questions and your friends. sfbike.org/women



SUNDAY STREETS* 11:00am - 4:00 pm

Sun., July 10 | Tenderloin

Sun., Aug. 21 | Mission

Sun., Sept. 11 | Western Addition

Sunday Streets open streets to people by closing them to cars and creating recreational space for everyone. The SF Bicycle Coalition teaches our Freedom from Training Wheels workshop, and we'll have a Service Station at the event offering free air for your tires. Stop by and say hi! sundaystreetsf.com

24TH ANNUAL GOLDEN WHEEL AWARDS

Wed., July 13 | 6:30 - 9:00 pm | Green Room, San Francisco War Memorial and Performing Arts Center, 401 Van Ness Ave.

Join us for the 24th Annual Golden Wheel Awards, where we honor local groups and

individuals making our city a better place to live, work and bike. The evening will honor Assemblymember Phil Ting and Nicole Ferrara, Executive Director of Walk SF. There will be Special Remarks by Supervisors Jane Kim and Scott Wiener. sfbike.org/goldenwheel

DR. MARTIN LUTHER KING, JR. MIDDLE SCHOOL SCHOOLYARD KICKOFF EVENT*

Sat., July 16 | 11:00 am - 1:00 pm | Dr. Martin Luther King, Jr. Middle School, 350 Girard St.

Join the Shared Schoolyard Project and Supervisor Mark Farrell at Dr. Martin Luther King, Jr. Middle School for an exciting kickoff event marking the grand re-opening of the schoolyard. The event will include activities for the whole neighborhood, free lunch and a ribbon-cutting ceremony. sfsharedschoolyard.org/kickoff_mlk

BIKE EAST BAY'S PEDALFEST*

Sat., July 23 | 11:00 am - 7:00 pm | Jack London Square, Oakland

Pedalfest is a free celebration of bikes, cycling, food and family. Enjoy pedal-powered food, a pedal-powered sound stage featuring live music, daredevil stunts, a kids' bike rodeo, safety training and an amazing collection of bicycles. All proceeds benefit Bike East Bay. pedalfestjacklondon.com

BICYCLE ADVISORY COMMITTEE MEETING*

Mon., July 25; Aug. 22; Sept. 26 | 6:30 - 7:30 pm | City Hall, Room 408, 1 Dr. Carlton B. Goodlett Place

The committee meets monthly to consider bicycle transportation projects and policies to make recommendations to the Board of Supervisors, the SFMTA, and other City and County agencies. sfgov.org/bac

SF BICYCLE COALITION BOARD MEETING

Tue., July 26; Aug. 30; Sept. 27 | 6:30 - 8:30 pm | SF Bicycle Coalition, 1720 Market St.

The SF Bicycle Coalition is governed by a volunteer Board of Directors. The Board is responsible for the organization's financial health and achievement of its mission. SF Bicycle Coalition Members are invited to attend all Board meetings. No RSVP needed. sfbike.org/board

NEW MEMBER MEET AND GREET

Wed., July 27 | 6:00 pm - 7:30 pm | SF Bicycle Coalition, 1720 Market St.

Want to find some new folks to bike with? Get to know more about our work? Pick up some SF Bicycle Coalition swag? Join us for a New Member Meet and Greet. New members who joined over the past year are invited and any members who want to get involved are welcome as well. Stop by for snacks, games and prizes followed by a short presentation on what we're doing to make San Francisco a safer and more fun place to bike. You'll come away with

information, enthusiasm, new friends and excitement about all of the great things your membership is bringing to our city. <http://www.sfbike.org/event/2016-07-new-member-meeting/>

2016 STRIDER CUP WORLD CHAMPIONSHIP*

Fri., July 29 | 3:00 - 8:00 pm | Pier 35, 1454 The Embarcadero

The Strider Cup World Championship is an annual racing event that gives toddlers and people with special needs a chance to put their STRIDER Balance Bike skills to the test. This unique Strider-organized and -operated event caters directly to children 2-5 years old who want to experience the thrill and camaraderie of racing. The Strider Cup World Championship weekend is an international celebration that revolves around your child's love of his/her STRIDER bike, the family, making friends and having a great time, all the while centered around a unique family vacation spot. stridercupworldchampionship.com

ROSA PARKS ELEMENTARY OPEN SCHOOLYARD KICKOFF EVENT*

Sat., July 30 | @ 11:00 am - 1:00 pm | Rosa Parks Elementary School, 1501 O'Farrell St.

Join the Shared Schoolyard Project and Supervisor Mark Farrell at Rosa Parks Elementary School for an exciting kickoff event marking the grand re-opening of the schoolyard. The event will include activities for the whole neighborhood, free lunch and a ribbon-cutting ceremony. sfsharedschoolyard.org/kickoff_rosaparks

10+ YEAR MEMBER APPRECIATION PARTY

Wed., Aug. 17 | 6:00 - 8:00 pm | Dolan Law, 1438 Market Street

Join us for a fun and inspiring evening honoring San Francisco Bicycle Coalition members with a decade or more of support. If you've been a member for 10 or more years, please join us to swap "remember when" stories over snacks and drinks. Complimentary Valet Bicycle Parking will be provided by the SF Bicycle Coalition. sfbike.org/event/10year

BIKE EAST BAY CLIPS BEER AND FILM TOUR*

Fri., Aug. 19 | 7:30 pm | Mosswood Park, Oakland

New Belgium Brewing's road show features small-batch beer tasting and a free film screening. Proceeds benefit Bike East Bay! bikeeastbay.org/clips

TOUR DE FAT

Sat., Sept. 17 | 10:00 am - 4:00 pm | Lindley Meadow, Golden Gate Park

New Belgium's Tour de Fat – a festival of bikes, costumes, music and philanthropy – is coming back. The event kicks off with a costumed bicycle parade that winds through Golden Gate Park, followed by eclectic entertainment from musical acts to yo-yo

performers, bike contests and even vaudeville acts. It's part of a 10-city tour hosted by New Belgium Brewing and all of the money raised during the day goes directly to the SF Bicycle Coalition and the Bay Area Ridge Trail Council. There are lots of great volunteer roles, too. sfbike.org/fat



RIDES

MARIN HEADLANDS ART RIDE Sun., July 17 | 12:00 pm

Meet at McLaren Lodge, Golden Gate Park (JFK Drive near Stanyan)

Take a merry ride over the bridge to the Headlands Center for the Arts (HCA) and drop in on their summer Open House. Meet HCA's Artists in Residence and Affiliate Artists in their studios, see and discuss current works-in-progress, and check out this very groovy scene nesting in the former Fort Barry site. The HCA Open House is free, but bring snack money and an appetite for aesthetic intrigue.

GALS WITH GEARS

Sun., July 17 | Level A: Bay Trail from Berkeley to the Rosie the Riveter Museum

Sun., Aug. 7 | Level A: Valencia Street through San Francisco's Mission District

Explore the Bay with the Gals! These monthly scenic rides are geared for women aged 50+ years young, but all riders are welcome. Four levels of rides offered to accommodate everyone from new to experienced riders. No rider is left behind! RSVP required: sfbike.org/gals.

TOUR OF SAN FRANCISCO'S PEAKS

Sun., Aug. 14 | 11:00 am | City Hall

Get ready to see the best views San Francisco has to offer. This ride will start and end at City Hall and will visit Bernal Heights, Glen Park and Twin Peaks. This ride will be casually paced and is for all skill levels. Be sure to bring a bike lock, helmet and enthusiasm for biking up steep hills. RSVP required: sfbike.org/rides.

D1 FOR DECISION MAKERS SAFE STREETS

Sat., Aug. 27 | 1:30 pm | Meet at Velo Rouge Cafe, 798 Arguello St. (at McAllister)

There's a 45-year history of traffic-calming and "neighborhood protecting" in the Richmond District, with some dramatic bumps along the way. It's a fascinating and instructive struggle that continues to affect biking and walking on streets all across the city. Come out on this survey ride to hear stories of how neighbors and public agencies worked together to reshape the streets, and learn how neighbors like you can help make real changes for better neighborhoods.

CALIFORNIA COAST CLASSIC BIKE TOUR*

September 24 - October 1

The California Coast Classic is the Arthritis Foundation's leading source of funding for its extensive research and advocacy for arthritis, which cause disabilities for one in five adults and over 300,000 children. The ride itself is a fully-supported bike tour of California's iconic Highway One. The ride welcomes beginners and experienced riders alike to enjoy the coastline's famous wineries, lighthouses and beaches. californiacoastclassic.org

FREE CLASSES

Don't see a class date that works for you? We're always adding more. Please check sfbike.org/education for the most up-to-date list of classes.

LEARN TO RIDE WITH YBIKE IN THE PRESIDIO*

Sun., July 3 | 11:00 am - 2:00 pm | Presidio Main Post Lawn, 103 Montgomery St.

Learn to ride your bike with YBike's awesome instructors. We provide bikes of all sizes and equipment. You just bring your game face (ideally a big, toothy grin) and a little determination. Children of all ages welcome. Repeats first Sunday of every month. Exact location in the Presidio may vary: for updates check ybike.org.



FREEDOM FROM TRAINING WHEELS

Sunday Streets | 11:00 am - 2:30 pm

Sun., July 10 | Tenderloin

Sun., Aug. 21 | Mission

Sun., Sept. 11 | Western Addition

Freedom from Training Wheels is a great way to get kids riding without training wheels. Bring your child's bike and helmet if you have them. If not, we have balance bikes for kids aged two to five. We will be at every 2016 Sunday Streets, so we hope to see you there! sfbike.org/family.

TEST RIDE A FAMILY BIKE AT SUNDAY STREETS

Sunday Streets | 11:00 am - 2:30 pm

Sun., July 10 | Tenderloin

Sun., Aug. 21 | Mission

Sun., Sept. 11 | Western Addition

Front seat, back seat, tag-along or family bike? Talk to our Family Biking experts about biking with your baby, toddler or child, and see equipment options up close at Sunday Streets. A Family Bike is a great option to take smaller children to school before you bike to work, for shopping and errands. Test ride a family bike and see what works for your family. Children are welcome to try the new ride with you.

INTRO TO URBAN BICYCLING

Tue., July 12 | 6:30 pm - 7:30 pm | Impact Hub, 901 Mission St. Suite 105

For additional dates and times, see sfbike.org/education.

Come learn the basics of biking in San Francisco at our Intro to Urban Bicycling Workshop. We are teaming up with the Impact Hub San Francisco to offer our one-hour course covering bicycling for everyday riding in SF, the rules of the road, route planning and more. This course is a great introduction for people who are considering biking in the city or looking to brush up on urban biking skills. RSVP required: sfbike.org/education.

TRAFFIC SKILLS 101: CLASSROOM WORKSHOP

Ongoing

Looking to get comfortable riding in San Francisco? Join us for a presentation covering all you need to know for biking around SF and the Bay Area. This is the perfect class for those already riding to hone their skills, or for people interested in riding but intimidated by urban traffic. No bicycle is necessary for this class. For class dates and times, see sfbike.org/education.

TRAFFIC SKILLS 101: ON-ROAD WORKSHOP

Ongoing

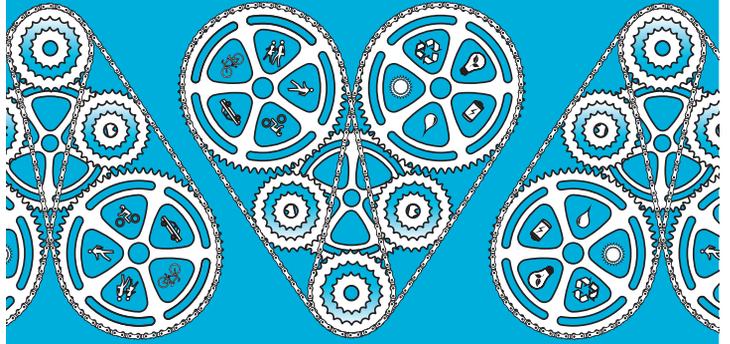
Practice what you learned in the Traffic Skills 101: Classroom. This on-bicycle class follows a comfortable progression onto city streets, beginning with a short review of the lessons from the classroom course. After a basic bike maintenance session, the class will practice bike maneuvering skills in a car-free practice area before riding on the streets in small, intimate groups led by instructors. You will gain experience riding alongside moving traffic in different traffic conditions, applying the safe riding techniques practiced in the car-free space. For class dates and times, see sfbike.org/education.

ADULT LEARN TO RIDE

Ongoing

You're never too old to learn how to ride a bicycle. Instructors will work one-on-one to teach the basics of balancing, starting, stopping and steering a bike, as well as proper helmet fit and adjustment. Most people learn to ride their bike while taking the class, but even if they don't, they will leave with tips to continue teaching themselves to ride. For class dates and times, see sfbike.org/education.

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FAMILY BIKING CLASSES

Ongoing

Your SF Bicycle Coalition offers a range of family biking workshops for all ages, including family on-road practice, Biking with Babies, Freedom From Training Wheels and more. For dates, times and more information, see sfbike.org/family.

VOLUNTER

SF BICYCLE COALITION PHONE BANK

Tuesdays, July 5; July 19; Aug. 2; Aug. 16; Sept. 6; Sept. 20 | 5:30 pm - 8:00 pm | SF Bicycle Coalition, 1720 Market St.

Join the volunteers who keep the SF Bicycle Coalition membership strong. No cold-calling, just calls to friendly lapsed members offering an easy way to renew. Plan to stay for the thank-you dinner afterward and get to know your fellow volunteers. RSVP at sfbike.org/volunteer.

VOLUNTEER NIGHT

Wednesdays July 20, Aug. 10, Sept. 14 | 5:00 pm - 8:00 pm

SF Bicycle Coalition, 1720 Market St.

This SF Bicycle Coalition tradition has been happening for as long as we can remember, and newcomers are always welcome. So stop by, snack on tasty treats, chat with fellow members, and help us keep our organization rolling as we work together on group office tasks. Dinner is provided. Bring a friend - the more the merrier! We have ample indoor bike parking, so don't forget to bring your bike into the office. No RSVP necessary. sfbike.org/volunteer

BICYCLE AMBASSADOR TRAINING

Tues., July 21 | 6:00 pm - 7:30 pm

SF Bicycle Coalition, 1720 Market St.

Flex your advocacy muscle and become a Bicycle Ambassador! Come to our training to get up to date on what's going on with your SF Bicycle Coalition and learn how to sign up new members. This training will prepare you to volunteer at races, festivals, Service Stations and other events. Please note that you must be a current member of the SF Bicycle Coalition to become a Bicycle Ambassador. RSVP at sfbike.org/volunteer.

SERVICE STATIONS

Twice Monthly
Citywide

Justifiably famous in SF, the SF Bicycle Coalition's Valet Bicycle Parking is like a coat check for bikes. Volunteers are trained onsite by our friendly and experienced Valet Supervisors; no previous experience required. View upcoming opportunities and sign up at sfbike.org/valetvolunteer.

COMMUNITY BIKE BUILDS

Ongoing

Your SF Bicycle Coalition works with a variety of community-based organizations around San Francisco to organize Community Bike Builds. Each event is an opportunity for the community to come together and refurbish reclaimed bicycles for its members. Each Community Bike Build needs more than a dozen volunteers to help out with both mechanical and non-mechanical tasks, and lunch will be provided. We'd love your help. RSVP at sfbike.org/volunteer.

BARTER MEMBERSHIP

Volunteer for 10 hours in a three-month period and earn a year's membership for free! If you'd like to get started with our Barter Membership program, please visit sfbike.org/membership.



San Francisco Bicycle Coalition
1720 Market Street
San Francisco, CA 94102

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*Must arrive by bike to receive discount. See sfbike.org/discounts for details.

- | | | |
|----------------------|----------------------|----------------------|
| American Cyclery | Everchange Fitness | Pedal Revolution |
| Arizmendi Bakery* | fitBERNALfit | Po Campo |
| Artisans of SF | fitGLENfit | Precita Park Café |
| Avenue Cyclery | Freewheel | PUBLIC Bikes |
| Bay City Bike | Fresh Air Bicycles | Refried Cycles |
| Rentals and Tours | Golden State Health | Rickshaw Bagworks |
| BeOmni | Good Hotel | Riide |
| Bespoke Cycles | Good Vibrations | Roaring Mouse |
| The Big Hand | Green Apple Books | Cycles |
| Big Swingin' Cycles | Greens To Go | See Jane Run Sports |
| The Bike Connection | Heavy Metal Bikes | SFC San Francisco |
| Bike Friday | High Trails Cyclery | Sports Basement |
| Blazing Saddles Bike | Huckleberry Bicycles | Streets of San |
| Rentals | IMPACT Bay Area | Francisco |
| Body Awakening | Kasa Indian | Sun Porch Yoga |
| BoomBotix | Market Street Cycles | Swell Bicycles |
| Box Dog Bikes | Metromile | Timbuk2 |
| Canyon Market | Mike's Bikes | A Tran's Bay Bike |
| Charlies Coat | Mission Workshop | Shop |
| Chrome | MonkeyLectric | Treat Street Bicycle |
| Citizen Chain | Noe Valley Cyclery | Works |
| City CarShare | Nomad Cyclery | Valencia Cyclery |
| City Cycle of San | Nopalito | Velo Rouge Cafe |
| Francisco | Ocean Cyclery | Vespertine |
| Dahon | Other Avenues | Warm Planet Bikes |
| DD Cycles | Co-op | Wiggle Bicycles |
| Dolores Park Café | P-Fits | Yoga Garden SF |
| Duboce Park Café | Pacific Bikes & | Zipcar |
| Equator Coffees & | Boards | |
| Teas | Pedal Inn | |



Become a member of the San Francisco Bicycle Coalition and help us Connect the City and make San Francisco a better place to live, work and bike. As a member, you get discounts all over town, free bike trailer and air travel bike box rentals and more. See sfbike.org/membership for all the benefits.

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Men's Women's

Yes, I want to volunteer! Sign me up for info on:

- MARKET STREET
 POLK STREET
 2ND STREET
 THE WIGGLE
 THE EMBARCADERO
 BIKES AND BUSINESS
 SOMA STREETS
 OTHER: _____

JOIN!

SFBIKE.ORG/JOIN